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VOL. 25, NO. 43

SANIBEL & CAPTIVA ISLANDS, FLORIDA

APRIL 27, 2018

APRIL/MAY SUNRISE/SUNSET: 27 6:54 • 7:58 28 6:53 • 7:58 29 6:53 • 7:59 30 6:52 • 8:00 1 6:51 • 8:00 2 6:50 • 8:01 3 6:50 • 8:01

CROW Releases Loggerhead



A sub-adult loggerhead sea turtle was released on April 17 photos by Jeff Lysiak by Jeff Lysiak

One week after successfully releasing a critically endangered Kemp's ridley sea turtle, officials from the Clinic for the Rehabilitation

of Wildlife (CROW) released a sub-adult female loggerhead sea turtle following two months of treatment.

According to Dr. Heather Barron, CROW hospital director, the injured



CROW veterinarians carrying the loggerhead onto the beach

sea turtle was admitted to CROW on February 26 suffering from brevetoxicosis – also known as red tide poisoning – as well as a condition called loggerhead anemia syndrome.

On the morning of April 17, the

loggerhead was brought to Lighthouse Park, where it was placed about 10 yards from the water's edge. Slowly and methodically, the sea turtle used its front flippers to crawl across the sand,

continued on page 6

Two Exhibitions Opening At BIG ARTS



Sea Ray by Frank DiMaria

image provided

BIG ARTS will host two fascinating exhibitions by aspiring young artists and those with physical limitations throughout May. Open

Doors and Art by the disABLED opens Tuesday, May 2 with a reception and appearances by artists on Friday, May 4

continued on page 21



Wilder Sons

photo provided

Live Band To Perform At Seahorse Festival

by Jeff Lysiak

As part of this year's Sanibel School Seahorse Festival, the Naples-based band Wilder Sons – who are scheduled to take part in this summer's Vans

Warped Tour alongside acts including Sum 41, Taking Back Sunday and Less Than Jake – will perform on the grounds of Sanibel Community Park.

The Seahorse Festival, a family-friendly event and fundraiser for the school's Parent Teacher Association (PTA), will take place from 4 to 7 p.m. on Saturday, May 5. It is being held at Sanibel Community Park for the first time.

Wilder Sons was created in 2013 “on continued on page 2

Blind Pass Inlet Management Study Meeting

The Lee County Division of Natural Resources will hold a public meeting at 1:30 p.m. on Friday, April 27 in the Sea Pearl Room at the South Seas Island Resort on Captiva, located at 5400 South Seas Plantation Road, to update the public on the Blind Pass Inlet Management Study.

Lee County and the consulting team from APTIM (formerly known as CB&I) will present modeling results and accept comments and questions from the public about inlet management scenarios and

next steps. A draft report is anticipated by the end of May, with a final report to be presented to local elected officials and the Florida Department of Environmental Protection early this summer for direction on adoption and implementation.

For more information about the Blind Pass Inlet Management Study, visit www.leegov.com/naturalresources/blind-pass-2016-inlet-management-plan-study.

For questions regarding the Blind Pass Inlet Management study, contact Lee County Division of Natural Resources at SBoutelle@leegov.com or 533-8109 or the City of Sanibel's Natural Resources Department at james.evans@mysanibel.com or 472-3700.*

From page 1

Seahorse Festival

a humid back porch in South Florida" by indie scene veterans Brian Blount (vocals/guitar) and Jake Rubington (vocals/guitar). Both experienced frontmen of previous touring bands, the two joined forces to construct a "beachy alt-rock style" that is stimulating the senses of the progressive alternative scene.

"Transcendent guitar riffs weave effortlessly between catchy melodies, upbeat bass lines, and complex drum progressions, all of which paint a captivating backdrop to Brian's reminiscent lyricism," the band's Facebook page noted. "Wilder Sons continue to push the boundaries, creating a new sound

that is pulsating through the prism of the Southwest Florida scene and beaming out to a national audience."

Their 2014 self-titled EP created a strong local following helping the group land opening gigs with bands like The Story So Far, Copeland, Turnover, Further Seems Forever and Mewithoutyou, to name a few. In 2016, Wilder Sons, along with the help of their devoted fans, ran a successful Kickstarter campaign to fund the release of their second EP, *Scatterbrain*. Around the same time, the group rounded out their lineup with the addition of Dan Springs (bass) and Nic Viens (drums), both seasoned musicians who add a refreshing dynamic to the foursome.

In addition to the performance by Wilder Sons, organizers of the Seahorse Festival are planning "a bigger and better" experience for all. This year there will be food, beer and wine vendors including The Pecking Order, Keylime Bistro, The Bubble Room, Joey's Custard, Sanibel Deli and the Hawaiian Shaved Ice truck. JJ Taylor and Point Ybel Brewery are beer sponsors for the event, and Bailey's General Store is the wine sponsor.

Tickets for this year's Blue Ribbon Classic Golf Tournament raffle prize, a 2018 street legal golf cart (\$25 donation per ticket, or \$100 for five tickets), will also be sold in addition to a 50/50 raffle. Silent auction items will include restaurant gift certificates, hotel vacation stays, golf outings, gift baskets, a sailing excursion on a pirate ship and roundtrip passes on the *Key West Express*, among other terrific prizes.

The always-popular Kid's Inflatable Area will feature bounce houses, slides, a basketball free throw game, plus a rock climbing wall.

PTA President Kimberly Paulus also explained that each class from The Sanibel School is planning their own fundraising games and activities. The eighth grade class, for example, will offer a dunk tank, with various island celebrities taking a turn on the hot - "wet" - seat. Another class will put "prisoners" in a jail-style lockup, with funds raised through donations sought as their "bail." Other activities will include cornhole, a fishing game, a musical game, card games and face painting.

"Allowing each class to conduct their own activity to raise funds is a win-win for everybody," said Paulus.

Tickets for the Seahorse Festival are \$5 for adults; children are admitted free. Wristbands at \$20 will be sold for unlimited play in the kid's inflatable area.

Sponsors of the 2018 Seahorse Festival include: Gold Sponsors (\$1,000 to \$5,000) George and Anna Sampas, Invest Florida Realty - Nicholas and Kimberly Paulus, PGI Homes - Anthony and Tia Farhat; Silver Sponsors (\$500 to \$999) Dan and Mary Bell; Bronze Sponsors (\$100 to \$499) Jay Scanlon of Scanlon Lexus/Acura of Fort Myers, Ralph and Allison Quillen; Personal Best Sponsors (\$25 to \$99) Sanibel Charm-Lifestyle Blog.

Businesses may purchase vendor tables to hand out marketing materials and freebies at the Seahorse Festival. Tables are \$100 each. Event sponsorships are also available. For more information about becoming a sponsor or purchasing vendor tables, contact Kimberly Paulus at 822-4044 or KimberlyPaulus@me.com.*

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Kathy has 19 years of social services experience, and holds a Master of Science degree from Saint Joseph's University as well as a theological certification from Immaculata University. Kathy relocated from Pennsylvania 6 years ago, where she was Executive Director of the Berks County Area Agency on Aging. One of Kathy's favorite quotes is Gandhi's "Be the change you wish to see in the world."



Kathy Y. Monroe, M.S.G.
F.I.S.H. Program Director



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The Community House



Resident Chef Jarred Harris, second from left, will give a cooking demonstration this Sunday, April 29 photo provided

Spirit Tree Giving

There is a spirit tree at RS Walsh Landscaping and In The Garden that benefits island nonprofits. The olive tree was chosen because it represents love and charity. The Community House and Sanibel Community Association were named the April beneficiary.

All are invited to stop by and add their good thoughts, well-wishes and blessings to the spirit tree. Canvas tags are available in the garden gift shop for \$2 and the entire amount will be donated to a different local charity each month. RS Walsh In The Garden is located at 3889 Sanibel-Captiva Road, across from The Sanibel School, and is open Monday through Friday from 10 a.m. to 4 p.m. and on Saturday from 9 a.m. to 1 p.m.

Cooking Demonstration

There will be a cooking demonstration with Chef Jarred this Sunday, April 29 from 4 to 6 p.m. The theme is Fast, Healthy & Delicious. Menu features include: Curried Parsnip and Apple Soup;

Quinoa and Leek Cakes with Salad and Tzatziki; and Hazelnut and Honey Pie. Cost for members is \$45, guests are \$55. Includes meal.

Coming Soon

Well-known professional French baker Andre Gratesol will be teaching a series of four progressive baking classes. Sessions will be offered on Thursdays in May. Cost is \$50 per session or \$175 for the series.

On June 30, there will be a Smoke on the Island Hog Roast.

A cooking camp for kids will be offered July 30 to August 3 from 9:30 a.m. to 1 p.m. daily. Cost is \$50 per day per child.

Parent and child (ages 5 to 9) cooking classes will be offered at 10 a.m. on select days.

Watch for more details on these programs.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.✪

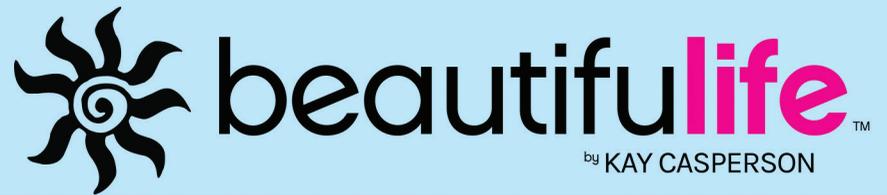
Manatee Foraging In The Mangroves



Manatee eating mangroves in Del Segra

photo by Lorraine Cowl

Lorraine Cowl captured this image of a manatee eating mangrove leaves recently in a canal in the Del Segra neighborhood on Sanibel. Cowl said the manatee was pulling the branches downward with its flippers. She also noted that this is one of the reasons why mangroves are so important to local wildlife.✪



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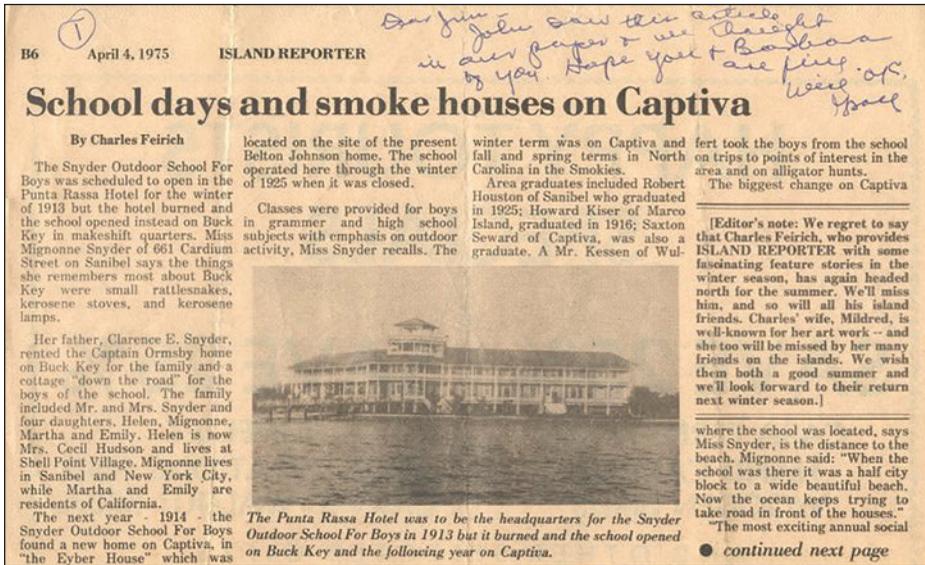
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Newspaper clipping from 1975 featuring The Punta Rassa Hotel photo courtesy Captiva Island Historical Society Archives

Captiva Island Historical Society

Looking Back: How The Snyder School For Boys Came To Buck Key

This week's image is The Punta Rassa hotel which was the headquarters for the Snyder Outdoor School For Boys in 1913 but burned down. The school was then moved to Buck Key.

The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the Captiva Island Historical Society website www.captivaishistorical.org/archives/research to view many more images to bring you closer to Captiva.*

Farmers Market Supports FISH

The Sanibel Farmers Market and its delicious fruits, vegetables, breads, cheeses and other items were greatly appreciated at the FISH Food Pantry again this season. FISH of SanCap and the Sanibel Farmers Market joined forces to provide fresh products to patrons of the food pantry. Betsy Ventura and Jean Baer, owners and operators of the Sanibel Farmers Market, organize the market throughout season, and often suggest to vendors that they pack boxes of unsold fruits, vegetables and goodies for the FISH Food Pantry at the end of every market Sunday. FISH volunteers unload the goods at the food pantry, located at 2430 Periwinkle Way.

"FISH and our clients greatly appreciate the generosity of the farmers market. We cannot thank Betsy and Jean and generous vendors enough for helping supply healthy choices for our clients. Their continued support and eagerness is an integral part of our program's success," said Maggi Feiner, FISH president and CEO. "Our volunteer teams, some of which include island youth earning community service hours, who pick up from the market and organize our food pantry on Sunday afternoons deserve our heartfelt thanks as well. We could not provide these wonderful healthy foods to our



Produce was one of the healthy foods donated by the owners of the Sanibel Farmers Market photo provided community without their help."

The FISH Food Pantry is open Monday through Friday from 10 a.m. to 3:45 p.m. Those wishing to use the food pantry must reside in Lee County and complete an intake form annually. For more information on programs and services, visit www.fishofsanap.org or call 472-4775.*

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Summer Hours At Historical Village

The Sanibel Historical Museum and Village will switch to off-season, summer hours beginning Tuesday, May 1. Summer hours are from 10 a.m. to 1 p.m. Tuesdays through Saturdays.

The museum will be closed starting Wednesday, August 1 and will reopen Tuesday, October 16 on regular full-time hours, Tuesdays through Saturdays from 10 a.m. to 4 p.m.

Museum staff and board members plan a busy off-season working on key

administrative tasks and many museum improvement projects that often take a back seat during the busy tourist season.

The Sanibel Historical Museum and Village is a nonprofit organization formed with the mission to preserve, share and celebrate Sanibel's history. It is located at 950 Dunlop Road, next to BIG ARTS. Adult admission is \$10; those under age 18 and members are free. The museum is handicap accessible. Single memberships are \$40, family memberships are \$60, and other levels are available. Call 472-4648 for more information or visit www.sanibelmuseum.org.*

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Restaurateur Shares Stories With Historical Village Volunteers



Ann Walter with an artist's rendering of the Harbor House Restaurant photo provided

Former restaurant owner Ann Walter reminisced about the Harbor House Restaurant for a group of Sanibel Historical Village volunteers last week.

The Harbor House started out as Jack's Place, owned by Jack Cole. Known as a character, Cole had a shooting range in the back. Jack's Place was built in 1948, making it the first restaurant on the island. It has continued as a restaurant since that time.

The Walters – Bill and Anne – purchased it in 1981, almost on a whim. Neither Bill nor Anne had any restaurant experience at all. But they made it work.

The Harbor House received national praise from *The New York Times*, *National Observer*, *Chicago Tribune*, *Miami Herald* and many others. Bill and Anne gave everything their personal attention; everything was fresh and made from scratch.

Walter and her husband worked on the restaurant floor almost every night of the week. "People loved the fact that the owners were in the dining room. They were disappointed if we weren't there," she said.

The restaurant became famous for its key lime pies – made from fruit trees

growing behind the restaurant – which were topped with meringue, making them unique. "We went through 10 big pies a day, more in season," Walter said.

"I think Historical Village volunteers loved hearing stories about the early restaurants on the island," said Executive Director Emilie Alfino. "And of course, Anne is absolutely charming. Everyone learned a lot."

The Walters sold the Harbor House in 1999 and retired. The restaurant became Dolce Vita and is now Il Cielo. Bill passed away in 2014, and Anne keeps busy with a number of island organizations.

The Sanibel Historical Museum and Village is open from 10 a.m. to 4 p.m. Tuesday through Saturday. Beginning May 1, it will go to summer hours, which are 10 a.m. to 1 p.m. Tuesday through Saturday. The village is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults over 18; those under 18 and members are free. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access at the village.

For more information, call 472-4648 during business hours or visit www.sanibelmuseum.org.

 An advertisement for The Cedar Chest Fine Jewelry. The top half features several pieces of jewelry: a large gold pendant with a cross and a central medallion, a gold ring with a coin, a gold pendant with a profile of a man, a gold ring with a profile of a man, a gold pendant with a profile of a man, and a gold ring with a profile of a man. The bottom half features a large gold pendant with a cross and a central medallion, a gold ring with a profile of a man, a gold pendant with a profile of a man, and a gold ring with a profile of a man. The text "Just In!" is centered, followed by "We invite you to see our newest bounty of Certified Authentic Ancient and Spanish Treasure Coin Jewelry". The logo for The Cedar Chest Fine Jewelry is at the bottom, with the tagline "A Sanibel Tradition Since 1975". Contact information and social media icons are at the bottom right.

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Sanibel Catholics Bring Party Indoors



From left, Dan and Shirley Valentine with Dottie and Marty Gallagher photos provided

When inclement weather forced a group of Sanibel Catholics to cancel their sunset cruise, sponsors Dan and Shirley Valentine and Dottie and Marty Gallagher moved the group's end-of-season party to The Community House. No rain could dampen the spirits of the 110 people who gathered for a wonderful evening of food, friendship and fun.✱



The evening was, according to the song, *So good! So good! So good!*

Snook Harvesting Closes May 1

Snook will close to all harvest in Gulf state, federal and inland waters, including all of Monroe County and Everglades National Park, starting May 1. Seasonal harvest closures conserve Florida's valuable snook populations and help sustain and improve the fishery for the future.

Snook is open to harvest in Atlantic state, federal and inland waters including Lake Okeechobee and the Kissimmee River through May 31, closing June 1.

Both the Atlantic and Gulf will reopen for recreational snook harvest on September 1.

Snook are one of the many reasons Florida is the Fishing Capital of the World. While snook may be caught and released during the closed season, the Florida Fish and Wildlife Conservation Commission (FWC) encourages anglers to handle their catch carefully to help the fish survive upon release. Proper handling methods can help ensure the species' abundance for anglers today and generations to come. To learn more about fish handling, visit www.myfwc.com/fishing and click on "Saltwater Fishing," "Recreational Regulations" and "Fish Handling."✱

From page 1

Loggerhead

eventually reaching San Carlos Bay where it had been found prior to being treated.

"When she came in, she was in poor condition and was suffering from severe iron deficiency," said Dr. Barron. "She wasn't eating either, so we gave her lots of IV (intravenous) nutrition. She also took a lot of shots and oral medication for the iron deficiency."

Over the past few weeks, the loggerhead's bloodwork began to register at normal levels. Her weight also increased, from 60 kilograms upon admission to 78 kilograms on April 17.

"It's sea turtle breeding season, so we were keen to get her back out here," added Dr. Barron. "She's also microchipped, so we can track her whereabouts. If she does come back here to lay her eggs, we'll know that we're contributing towards helping sustain the sea turtle population."

In addition to Dr. Barron, CROW staff members Breanna Frankel, Kate Mueller and Morgan Hester assisted with the release, which was witnessed by more than 60 onlookers.✱



The loggerhead's path towards San Carlos Bay



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CELEBRATION OF LIFE

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EDWARD HICKEY

In loving memory of Edward Hickey, there will be a celebration of life on Saturday, May 5 at the Wyndham on Fort Myers Beach, located at 6890 Estero Boulevard. The service will be held on the beach beginning at 11 a.m., followed by a gathering of friends and family to celebrate the memories of the beloved Capt. Ed.

Food will be provided by Texas Tony's, with a cash bar available for guests. Rooms are available at the Wyndham.

RSVP to Mary at 565-9717 or tropicalwave@comcast.net.*



PHILIP LEIGH JOHNSON

Philip Leigh Johnson, a native Floridian and 35-year resident of Sanibel, passed away on April 17 in Jacksonville, Florida. He and his late wife Eddie owned and operated a popular island gift shop, Ile Crocodile. Phil closed Ile Crocodile in 2005 after 25 years. Before moving to Sanibel, he and Eddie both worked for Rich's in Atlanta as assistant display director and assistant fashion coordinator respectively. They then moved to New Jersey where Phil worked for Bamberger's, a division of Macy's, as vice president of visual

merchandising, designing special events as well as store display layouts. During his years on Sanibel, Phil used his creative talents to design elaborate themed parties as fundraisers for the Pirate Playhouse, Sanibel-Captiva Conservation Foundation, Gulfshore Ballet and the American Cancer Society.

A graveside service will be held at 11 a.m. on Saturday, May 5 at Fort Myers Memorial Gardens, located at 1589 Colonial Boulevard in Fort Myers.

Any of Phil's friends are invited to join the family at the service.

Philip is survived by his sister Dorothy Ponce, her husband Jose and their son Hilario. He is also survived by his late wife's sons Richard Smith and wife Patricia, and Clay Smith and wife Brenda, three grandchildren, five great grandchildren and one great-great grandchild.*

9. *Last Days of Night* by Graham Moore

10. *Everything I Never Told You* by Celeste Ng

Courtesy of MacIntosh Books and Paper.*

American Legion Post 123

American Legion Post 123 is serving a meatloaf dinner this Sunday, April 29 from 1 to 8 p.m.



There will be a Cinco de Mayo Mexican Fiesta on Saturday and Sunday, May 5 and 6 from noon to 8 p.m.

The auxiliary meeting and elections will take place on Tuesday, May 1. The general meeting and elections will be held on Wednesday, May 9.

The 10th annual Redneck O'lympics is scheduled for Sunday, May 27. Stay tuned for details.

On Tuesdays, tacos are served all day. Country fried steak is served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.*

Top Ten Books On The Island

1. *A Higher Loyalty* by James Comey
2. *A Shell of a Problem* by Jennifer Schiff
3. *Sanibel Sunset Detective* by Ron Base
4. *Dame of the Sanibel Sunset Detective* by Ron Base
5. *The Marsh King's Daughter* by Karen Dionne
6. *Caribbean Rim* by Randy Wayne White
7. *If the Creek Don't Rise* by Leah Wiess
8. *The Nix* by Nathan Hill



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From left: Annette Hendrick, president; Lori Schulz, first vice president; Nancy DeBenedictis, corresponding secretary; Geraldine Mockler, recording secretary; Susie Cullen, treasurer; Ann Heymann, outgoing membership; Dottie McGovern, membership; Marikay Trimble, outgoing corresponding secretary; Francine Dale, outgoing president; Vicki Bundschu, second vice president; and Pat Haggerty, publicity photos provided

Women's Guild Celebrates 40th Anniversary

St. Isabel's Women's Guild celebrated their 40th anniversary at the annual end-of-the-year luncheon at Sundial Beach Resort & Spa on April 12. The luncheon featured a tribute to the former members of the group and the installation of the 2018-19 guild board. The guild honored Joanie Jenks, who is an original member and was instrumental in organizing the guild.

Karen Sartoris installed the new board members for the 2018-19 season: Annette Hendrick, president; Lori Schulz, first vice president; Vicki Bundschu, second vice president; Geraldine Mockler, recording secretary; and Dottie McGovern, membership. They joined continuing board members: Suzie Cullen, treasurer; Nancy DeBenedictis, corresponding secretary; and Pat Haggerty; publicity.

The guild continues its original



Joanie Jenks

mission of working "in an ecumenical spirit on service and social projects that reach beyond St. Isabel, offering fellowship to all the women in the parish. Membership is open to all ladies of the parish who are interested in joining their efforts.*"



Outgoing board members, from left, Ann Heymann, Marikay Trimble and Francine Dale

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USPS 18: Bulk Rate permit paid for at Sanibel, FL, 33957.
Postmaster: Send change of address to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.
Published every Friday for the people and visitors of Sanibel and Captiva Islands.
Distribution: 8,000 - 10,000 per week (seasonal).
Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class U.S. \$60 one year, \$30 six months (Allow 2-3 weeks for delivery). First Class U.S. \$150 one year, six months \$75 (Allow 3-5 days for delivery).
Prices include state sales tax. Send subscription requests to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.
The Island Sun will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, call 239-395-1213; or write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957. FAX number: 239-395-2299.
Email: press@islandsunnews.com, E-mail: ads@islandsunnews.com
The Island Sun reserves the right to refuse, alter or edit any editorial or advertisement.

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ANNUNCIATION GREEK ORTHODOX CHURCH

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BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack 579-0296.

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The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Workshop Service with Sunday School and nursery care at 9 a.m. 2050 Periwinkle Way 472-0497 www.sanibelucc.org.

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UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, ryi39@aol.com, 433-4901.*



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Free Shell Museum Membership For School Families



From left, The Sanibel School Principal Chuck Vilardi, Kiwanians Pete Bender and Eric Pfeifer, Dorrie Hipschman, executive director of Bailey-Matthews National Shell Museum, and Jason Smith, president of the Sanibel-Captiva Kiwanis Club photo provided

Earlier this year, the Bailey-Matthews National Shell Museum announced that the Sanibel-Captiva Kiwanis Club had generously underwritten a portion of the value of an annual family membership to the museum for all Sanibel School families. To encourage those families to take advantage of this great offer, the museum has increased the membership to the \$100 level to

include reciprocity with other museums through the NARM program. The North American Reciprocal Museum (NARM) Association is one of the largest reciprocal membership programs in the world and has 985 arts, cultural and historical institutions along with botanical gardens, children's museums, science and technology centers that offer their NARM qualified members reciprocal benefits.

"Kiwanis is proud to support the kids and families at The Sanibel School. To be able to help both our national shell museum and our island youth at the same time makes it even more worthwhile," said Jason Smith, president of the Sanibel-Captiva Kiwanis Club.

For all those who have ever searched for the perfect shell, the Bailey-Matthews National Shell Museum is a rare find. It is the only museum in the United States solely devoted to shells and the mollusks that create them. This accredited natural history museum is home to scientists, marine biologists, and highly-educated volunteers who are passionate about the study of shells, mollusks and protecting the oceans' amazing biodiversity.

"The Sanibel School is honored that

the national shell museum is reaching out to our families. Hands-on learning is key. It is exciting that our students are offered such wonderful opportunities here on Sanibel. Thank you to Kiwanis and the national shell museum for supporting the education of our youth," said Chuck Vilardi, principal of The Sanibel School.

To obtain their free museum membership, interested Sanibel School families can visit the Bailey-Matthews National Shell Museum and sign up at the front desk. The museum is located at 3075 Sanibel-Captiva Road on Sanibel, open daily from 10 a.m. to 5 p.m. Contact Leigh Gay at 395-2233 with any questions. Visit www.shellmuseum.org for more details about the museum's programming.*



Gopher tortoise photo provided

Gopher Tortoises More Active In The Spring

Spring days are a good time to spot a gopher tortoise, as Florida's only native tortoise becomes more active, foraging for food and searching for a mate.

If you see gopher tortoises or their half-moon shaped burrow entrances, it is best to leave them alone. It is illegal to disturb or harm gopher tortoises,

their burrows or their eggs. You can help a gopher tortoise cross a road by picking it up and placing it on the roadside in the direction it was heading. But only do this if it is safe for you to do so, and don't put the tortoise in your vehicle. Remember too, the tortoise is a land animal, so never attempt to put it into water.

You also can help by using the Florida Gopher Tortoise smartphone app to report gopher tortoise sightings and learn about the species.

For more information on gopher tortoises, visit www.myfwc.com/gophertortoise.*

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Last year, the SCCF Sea Turtle Monitoring Program volunteers attached tracking devices to green sea turtles to track where they went after nesting photo provided

Turtle Tracks Program At SCCF

Starting April 15, Sanibel-Captiva Conservation Foundation (SCCF) volunteers began monitoring every inch of beach every morning of the week on Sanibel and Captiva because it is the beginning of sea turtle nesting season. The volunteers are looking for sea turtle nests laid the night before. Each nest will be staked, numbered, recorded and monitored until hatching. Each nest will also be

screened to keep predators out. Every year, loggerhead sea turtles are the most abundant nesters on local beaches. Every other year, green sea turtles also nest locally. The story goes that all the green sea turtles around the world nest on that same year and skip the next year. How does that happen? Last year was the year for green turtles to nest... but will any nest this year? Join SCCF's sea turtle volunteers every Thursday at 10 a.m. for a Turtle Tracks program at the SCCF Nature Center, located at 3333 Sanibel-Captiva Road. For more information, call 472-2329.*

First Sea Turtle Nest On Sanibel A Kemp's Ridley



Sharri Staggs

Kemp's ridley nesting on Sanibel

photo by Sharri Staggs

On April 16, the Sanibel-Captiva Conservation Foundation (SCCF) Sea Turtle Program reported the first sea turtle nest of the 2018 season.

For only the third time in the history of the SCCF Sea Turtle Program, a Kemp's ridley sea turtle nested on Sanibel. The Kemp's ridley is one of the smallest and most endangered species of sea turtle in the world.

"We are beyond thrilled that our first nest of the season was laid by a rare Kemp's ridley," the SCCF press release stated.

Last year, SCCF's Sea Turtle Program reported a total of 684 nests on Sanibel; 650 loggerhead nests and 34 green nests, and 189 nests on Captiva. Both the loggerhead and the green nest counts for Sanibel surpassed previous records. Last year was the fourth year in a row that Sanibel has broken historic nesting records, so SCCF staff is hopeful that conservation efforts from the past 20 to 30 years are starting to pay off and sea turtle nest

counts will continue to rise.

Please keep the beaches sea turtle friendly by following these rules:

Turn off or shield all lights that are visible from the beach. Do not use flashlights or cell phone lights on the beach. If necessary, use amber or red LED bulbs.

Do not disturb the screens covering nests. They prevent predators from eating the eggs and the hatchlings emerge through the holes without assistance.

Remove all beach furniture and equipment from the beach at night.

Dispose of fishing line properly to avoid wildlife entanglement.

Fill in large holes that can trap hatchlings and nesting sea turtles.

Do not disturb nesting turtles. Do not get too close, shine lights on or take flash photos of nesting sea turtles.

Pick up litter.

If you have any questions or concerns about nesting or injured turtles, call the SCCF Sea Turtle Hotline at 978-728-3663.*



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Give Nesting Waterbirds Space



A nesting black skimmer

It's nesting season for Florida's waterbirds, and the Florida Fish and Wildlife Conservation Commission (FWC) and Audubon Florida are reminding beachgoers and boaters to give these birds and their young space to help keep them safe.

"This is a critical time of year for nesting birds and their young," said Craig Faulhaber, avian conservation coordinator for the FWC. "By taking a few simple steps, people can enjoy a day at the beach or on the water without disturbing nesting birds and their chicks, which increases the birds' chances of survival."

Shorebirds and seabirds build shallow nests out of sand and shells on beaches in spring and summer, and eggs and chicks are difficult to see. Wading birds, such as herons and egrets, as well as pelicans, are also nesting now on islands around the state. Both types of birds can be easily disturbed if people approach too closely. Such disturbance can cause birds to abandon their nesting sites, exposing eggs and chicks to predators, sun exposure and other harm.

Shorebird nests, eggs and chicks are well-camouflaged and can easily be missed and even stepped on unless people know to look out for them. The snowy plover, least tern, black skimmer, American oystercatcher and Wilson's plover are several of Florida's beach-nesting bird species facing conservation challenges. Wading birds and pelicans typically nest in mangroves and on tree islands. Reddish egrets, tricolored herons and roseate spoonbills have also experienced declines.

"Florida's coasts took a beating from Hurricane Irma in 2017," said Julie Wraithmell, interim executive director for Audubon Florida. "We can't control impacts to nesting sites from weather, but we can protect them from human disturbance. This year it is more important than ever."

The FWC has established Critical Wildlife Areas (CWA) to protect congregations of one or more species of wildlife from human disturbance during critical life activities such as nesting, feeding or migration.

People can help keep nesting birds safe by keeping their distance from CWAs and other areas where birds are nesting

photo by Carol Rizkalla

or raising young. In addition to observing the marked-off areas around CWAs, people can also help by following a few simple steps while enjoying the beach this season:

Keep your distance from birds, on the beach or on the water. If birds become agitated or leave their nests, you are too close. A general rule is to stay at least 300 feet from a nest. Birds calling out loudly and dive-bombing are signals for you to back off.

Respect posted areas. Avoid posted nesting sites and use designated walkways when possible.

Never intentionally force birds to fly or run. This causes them to use energy needed for nesting, and eggs and chicks may be left vulnerable to the sun's heat or predators. Teach children not to chase shorebirds and seabirds, and kindly ask fellow beachgoers to do the same. Shorebirds and seabirds outside of posted areas may be feeding or resting and need to do so without disturbance.

It is best to not take pets to the beach, but if you do, keep them leashed and avoid shorebird and seabird nesting areas. (State parks, national parks and CWAs do not allow pets.)

Keep the beach clean and do not feed wildlife. Food scraps attract predators, such as raccoons and crows, which can prey on shorebird eggs and chicks. Litter on beaches can entangle birds and other wildlife.

Spread the word. If you see people disturbing nesting birds, gently let them know how their actions may hurt the birds' survival. If they continue to disturb nesting birds, report it to the FWC's Wildlife Alert Hotline at 888-404-FWCC (3922), #FWC or *FWC on a cell phone or by texting Tip@MyFWC.com. You may also report nests that are not posted to the Wildlife Alert Program.

For more information, go to www.myfwc.com/shorebirds and download the Share the Beach with Beach-Nesting Birds brochure. Or go to the Florida Shorebird Alliance website at www.flshorebirdalliance.org to learn more about how to participate in shorebird and seabird conservation efforts. For more information about Florida's CWAs, visit www.myfwc.com/cwa.*



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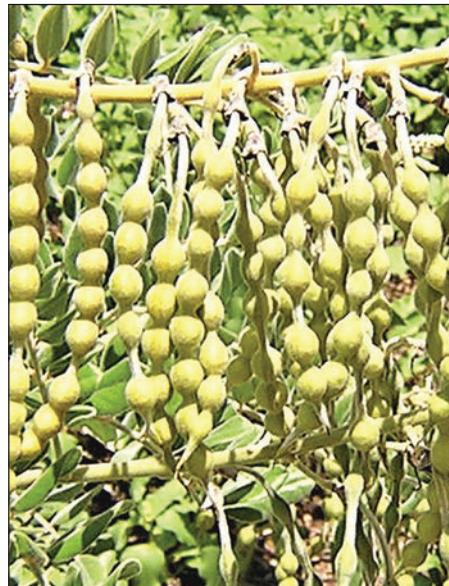
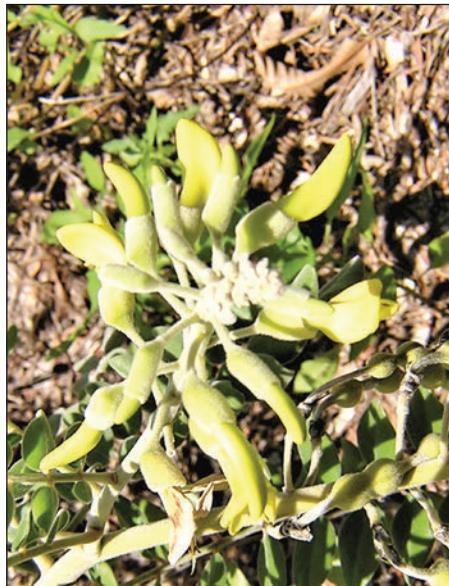
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Yellow necklacepod grows up to about 10 feet tall and almost as wide
photos by Gerri Reaves

Clusters of flowers attract butterflies, bees, moths and hummingbirds

The constricted seed pod inspires the common name

Plant Smart
Yellow
Necklacepod

by Gerri Reaves

Yellow necklacepod (*Sophora tomentosa* var. *truncata*) is a long-lived perennial shrub or tree and a member of the pea family. In the wild, it's found in shell mounds, coastal strands, dunes, hammocks and salt marshes.

This Florida native has a lot to recommend it – wildlife friendliness, low maintenance, year-round butter-yellow flowers and attractive foliage. Use it as a buffer or in a wildlife garden, where it will provide cover for wildlife. A tendency to be leggy makes it suitable as a background plant.

Multi-trunked with an irregular rounded crown, it reaches six to 10 feet in height and eight to 12 feet in width. The alternate leaves are glossy and evergreen. Hairy when young, they have 11 to 21 pairs of opposite oval

leaflets that are three-fourths to an inch long.

The showy irregularly shaped flowers are densely clustered and drooping on terminal spikes up to 16 inches long. Less than an inch long, they bloom at the branch ends, opening from the base of the spike to the tip.

They bloom throughout the year, attracting bees, moths, hummingbirds, and butterflies, in particular, mangrove skippers. The seed pods measure two to eight inches long and contain up to nine seeds. They turn brown with age and persist on the plant.

The pod, tightly constricted between each rounded seed, resembles a string of beads, thus the common name.

This hardy species has a moderate growth rate and is highly drought and salt tolerant. It will adapt to a variety of conditions, even poor soil, although it needs organic content to do well.

Give it full sun to partial shade and well-drained soil. Propagate it with the seeds. Self-sowing sometimes occurs near the parent plant. The seeds are a food source for birds and other wildlife but are poisonous to people.

This plant is used medicinally to treat a wide variety of conditions.

Another variety of necklacepod, Texas or hairy necklacepod (*Sophora tomentosa* var. *occidentalis*) is very similar to the native one, so be sure to buy plants from a supplier who knows the difference. The non-native variety with the velvety silver-green leaves is becoming naturalized in Florida and hybridizing with the native species.

Sources: *Everglades Wildflowers* by Roger L. Hammer; *Florida, My Eden* by Frederic B. Stresau; *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio; *Growing Native* by Richard W. Workman; *A Guide to Florida-Friendly Landscaping* by Florida Yards & Neighborhoods; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; *The Shrubs and Woody Vines of Florida* by Gil Nelson; *Wildflowers of Florida Field Guide* by Jaret C. Daniels and Stan Tekiela; www.fnps.org, www.regionalconservation.org, www.wildflower.org, and www.wildsouthflorida.com.

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City Of Sanibel Vegetation Committee
Attract Birds
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To Your Property

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. The next tour is on Saturday, April 28 beginning at 10 a.m.

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide valuable information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to city hall, located at 800 Dunlop Road, in front of the main staircase. For information, contact the Natural Resources Department at san.dnr@mysanibel.com or by phone at 472-3700.

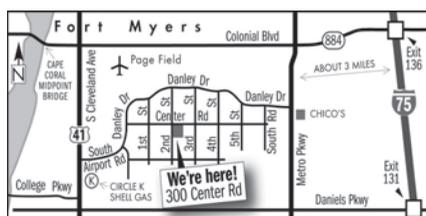
The next tour dates will begin in October.

*The Natural Resources Department section of the city's website, www.mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.**

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Lots Of Fishing Options



by Capt. Matt Mitchell

Fishing certainly improved this week due to much more consistent weather conditions. Add bait that was much better and the wide variety of species that took part in the rod-bending fun, and it was a great week to be out fishing. Snook, trout, tripletail, grouper and mackerel were all part of the week's menu for anglers.

Although we still are waiting for the snook bite to go off in the passes, the big trout bite has been as good as it gets. We fished with live shiners rigged with a split shot to keep it down in the current, and limits of trout came easily in all of our local passes. My clients managed a few real bruiser trout pushing in excess of 24 inches along with lots of trout in that 17- to 19-inch range. At times, this bite was basically every cast and made for a much-needed easy fishery that we have

not had for what seems like months.

During periods of slack tide, we switched it up and went dipping channel markers throughout the sound. Many of the intercoastal markers have man-made structures either right on them or just out from them. These structures can hold a crazy amount of fish. Catching gag grouper on almost every cast is a awesome thing no matter what size they are. I've been starting out on these markers by dropping live shrimp on a jig head to reach the bottom, then once the bite is going off, switching up to heavier gear with a half-ounce jig head and a live pinfish. Trying to pull some of these larger grouper out of this structure is only what can be described as full-contact fishing. We also were lucky enough to catch a few keeper tripletail on these channel markers this week.

Snook fishing remained a little tough with slower-than-normal tides for the majority of the week. Every time we snook-fished, we did catch a few but just never found that wide-open bite. Fishing mid-week with clients Melissa and Tom from Sanibel, we sat in a favorite sand pothole in the middle sound and watched dozens of 30-inch-plus snook just milling around. Even when I live-chummed these fish, we just could not get them to feed. After camping and watching these



Tom from Sanibel with a 30-inch snook caught while fishing with Capt. Matt Mitchell this week

photo provided

big snook swim by the boat for well over an hour, Tom managed to get a bite and caught a 30-inch slot snook as our patience finally paid off.

In and around the passes, look for feeding birds on schools of small bait to locate some really large Spanish mackerel. These mackerel are suckers for live shiners but will also readily eat spoons and small diving plugs. Further down the beaches, more and more tarpon are being spotted and caught as we get into prime-time tarpon fishing we experienced in May. Knapps Point is hard to beat to find a large school of

early-season tarpon. First light and light winds offer anglers some of the best sight fishing for these tarpon, although many places in the sound hold these fish when conditions are not so perfect. Along with the tarpon, we are seeing more and more sharks both out along the beaches and in the sound.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ☆

Send Us Your Fish Tales

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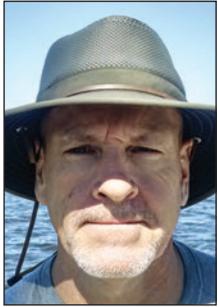


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CROW Case Of The Week:

Loggerhead Shrike



by Bob Petcher

The loggerhead shrike (*Lanius ludovicianus*) is not related to a familiar sea turtle that is currently beginning to nest on local beachfronts, but rather is a thick-bodied songbird

that is so-named due to the relatively large size of its head as compared to the rest of its body. These tweeters sing during courting or do so to maintain territories.

While smaller than a robin, the loggerhead shrike can attack larger prey and is nicknamed the "butcherbird" after its carnivorous tendencies. The gray bird with a black mask and black wings with white markings is known for impaling rodents, lizards and other birds on thorns or barbed wire so that they can return and eat their caught prey later. The shrike patiently waits on elevated perches and hunts by scanning the ground area, then dives at its prey and uses its thick bill with a small hook for killing.

The northern mockingbird and Clark's nutcracker are similar bird to the loggerhead shrike. It is smaller than the northern shrike but has a similar call.

At CROW, an adult loggerhead shrike was admitted to the hospital from northeast Cape Coral. The bird was found on the sidewalk, and the finder noted that it had ants on its face. When the bird arrived, it was noted in the intake exam to having swelling of its right shoulder and was suspected to have a fracture of the right coracoid, similar to a collarbone in humans.

"Loggerhead shrikes are a common species found in this area. However, we only see approximately 20 cases per year in our hospital, and the most common reason for admission is falling from the nest," said Dr. Robin Bast, CROW veterinary intern. "The shrike was unable to fly at time of admission to the hospital, and because of its debilitated state, the ants were able to attack it."

X-rays confirmed the right coracoid fracture. Shortly after its April 6 intake, the patient's right wing was placed in a body wrap and the bird was given pain medications.

"The shrike had a body wrap bandage on its wing while the fracture healed and received physical therapy every three days," said Dr. Bast. "Last week, the bandage was removed, and the shrike is currently on a week of cage rest – this means it is only able to take short flights around its small soft-sided enclosure. In a few days, it will be moved to a larger, outdoor enclosure for the next step of its rehabilitation."

On April 15, CROW medical staff inspected the fracture by palpation and deemed it stable. Three days later, the body wrap was believed to be no longer



Patient #18-0961 is gaining strength in its previously fractured wing and is expected to be released within the next two weeks

photo by Brian Bohlman

necessary.

"There does not appear to be any complications due to the fracture at this time, and it has normal range of motion in the wing," said Dr. Bast. "It is building back strength in the muscles on the affected wing."

By April 24, the loggerhead shrike was closer to being moved to an outdoor enclosure for more extensive rehabilitation.

"The patient will likely be released

within the next one to two weeks once it has regained normal flight patterns," added Dr. Bast.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

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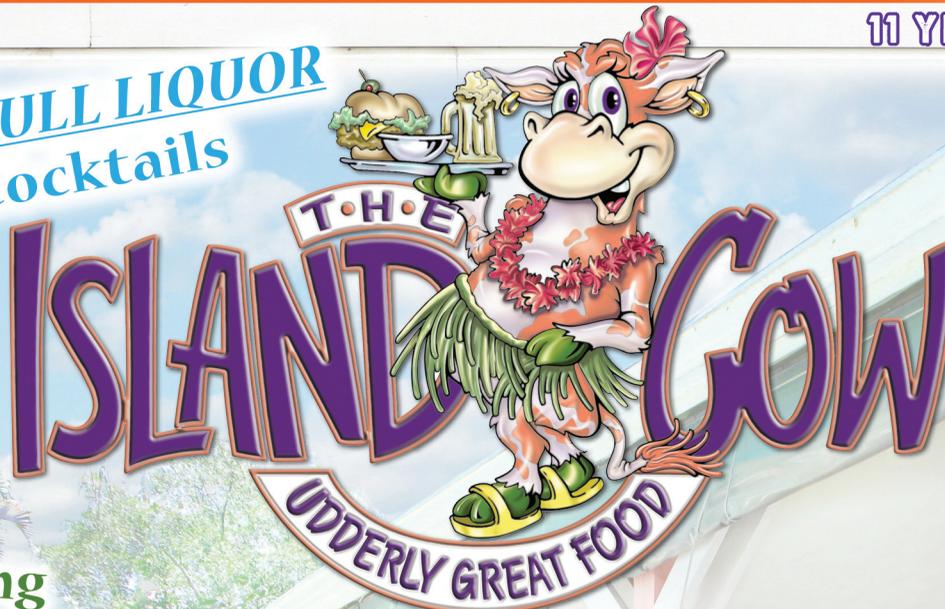
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Shell Of The Week

Gray Pigmy Venus



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

With 20 species and counting, the Venus clams family (Veneridae) is the most

diverse (most species) of all the local, shallow-water bivalve families. There are species of many different sizes, ranging from the Brown Gem Clam (*Parastarte triquetra*) at 3 mm (about 0.12 inch) to the large Southern Quahog (*Mercenaria campechiensis*), which can exceed 150 mm (about 6 inches). Our featured species, the Gray Pigmy Venus, *Chioneryx grus* (Holmes, 1858), is one of the smallest (as its vernacular name implies) among the local Venus clams. The shell rarely exceeds 10 mm (about 0.4 inch) in length. It is elongate-rectangular, with a sculpture of radial ribs crossed by weaker concentric lines. The background shell color in the Gray Pigmy Venus is not always gray; it can also be whitish or light tan. Internally, the shell is white, with purple-brown posterior area, and often with a purplish hinge. Learn more about local mollusks and their shells at www.shellmuseum.org/



The Gray Pigmy Venus, *Chioneryx grus*, from Sanibel

photo by José H. Leal

shells/southwest-florida-shells and www.shellmuseum.org/blog.

Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum in North

America devoted entirely to shells. Drop by and let us inform and inspire you. Visit www.shellmuseum.org or call 395-2233.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Shell Found



Kavya Singleton photo provided

Five-year-old Kavya Singleton from Carmel, Indiana found a junonia while taking a sunrise walk with her mom on the morning of April 17 at Sundial Beach Resort & Spa. She found it all by herself and said, "Mommy! Look what I found, this one's pretty!" This was the family's first visit to Sanibel and third morning on the island. Kavya is new to shelling but loves it already. She is a big sister to her twin 2½-year-old sisters and loves to help them find shells as well.

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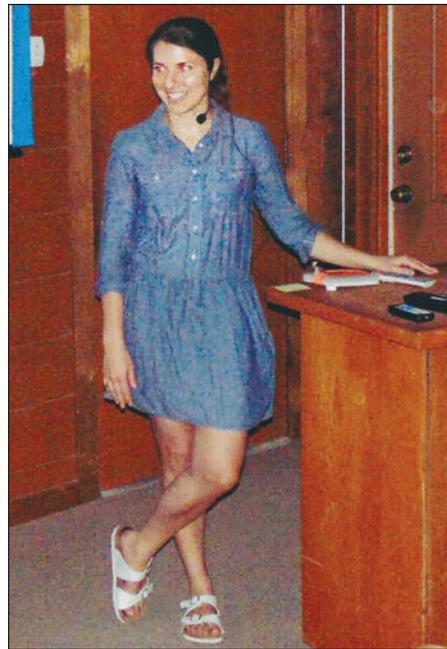
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SCCF Earth Day Celebration Inspires Positive Changes



Visitors attending the Earth Day celebration at the SCCF Nature Center on Sunday afternoon learning about affordable solar panel systems and the benefits of using alternative energy sources

photos by Jeff Lysick



Anna Shork, inventor and co-founder of the LuminAID solar powered lantern, spoke to a capacity crowd



Anna DeFillipo holding Earth in her hands



Karen Turner and Diane Neitzel



SCCF Education Director Kristie Anders with Abby DeLoache



From left, SCCF volunteers Katie Goulder and Mia Claridy with Andy Ginitro, signing up for the raffle



Jim Collier's T-shirt shared a poignant message on Earth Day



Philip Puschel and Paul Roth checking out hardware on display



David and Brenda Bass

From page 1
BIG ARTS

from 5:30 to 7 p.m.

“These exhibitions are dear to us at BIG ARTS and important to our community,” said Executive Director Lee Ellen Harder. “It brings much-needed awareness to these incredible programs. Each piece of art is created with passion, no matter the abilities or skill level of the artists, and it really shines.”

In Phillips Gallery, the Art by the disABLED exhibition of about 50 paintings displays the beauty of art created by artists with disabilities and highlights their achievements. “It also helps extinguish the common misunderstanding of people with disabilities and reinforces their significance in our society,” said Doug McGregor, organizer of the exhibit.

“We also want this to be an opportunity for us to connect with others in our community who would benefit from our program,” McGregor said.

Art by the disABLED, part of the Arts in Healthcare program at Lee Health, has a working relationship with The Lighthouse of Southwest Florida and Special Populations in Cape Coral. These two organizations provide a creative outlet for artists who suffer from disabilities ranging from visual impairment to lime disease.

“It can take a lot for some of them to get the brush to the canvas, but it’s a healing processes for all of them,” said McGregor. “There are various levels of artistic abilities, but they always give it



Joy by Riley Remus

their all.”

The BIG ARTS Phillips Gallery is a precious space to these artists who earn 60 percent of the proceeds from the

image provided

sale of their pieces. It’s the third year Art by the disABLED has been hosted in the gallery and it continues to grow in popularity.

In the Founders Gallery, the Open Doors exhibit features works by students with exceptional ability in art, and the drive to paint, draw and expand vistas from traditional to post modern art. It also opens the door to children who have a financial need.

“It gives students self-confidence, a sense of dignity in labor as they work to figure out their composition,” said Krista Johnson, organizer of the exhibition. “Most of the works we will exhibit this year are colorful and based on nature, but some are abstract while others depict objects and people they see in everyday life.”

“Students are encouraged to express themselves freely and develop their creative potential,” said Johnson, who is an Open Doors instructor. “This exhibition is also a chance for them to sell their work and earn all the proceeds.”

Both exhibits will be on view throughout the month of May. BIG ARTS is located at 900 Dunlop Road. For more information, call 395-0900.*

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 9 a.m.

For more meeting information, visit www.southwestfla.org.

Sanibel Community Church is located at 1740 Periwinkle Way.*



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Coastal Keepers Offering Free Reusable Bags

On Saturday, May 12 at Bailey's General Store, Coastal Keepers will hold an event to reduce the use of disposable plastic bags on the islands and educate locals and visitors about the harm plastic bags cause to the environment.

More than 100 billion disposable plastic bags are used annually in the United States, making them one of the most common trash items collected on beaches worldwide. Plastic bags have a short usage time and are rarely recyclable, taking 1,000 years or more to decompose. They pose a threat to wildlife as countless animals each year become

entangled or mistake them for food.

The solution to this problem is simple – bringing your own reusable bags when you shop eliminates the need for disposable plastic bags. On May 12 starting at noon, Coastal Keepers and Bailey's General Store will partner to distribute reusable, washable canvas bags for free while supplies last.

Coastal Keepers, formerly the Sanibel Captiva Chapter of START, operates as an independent branch of Sanibel Sea School to create and implement conservation initiatives that promote and improve the future of marine resources and coastal heritage. Additional BYOB events are being planned for 2018.

Bailey's General Store is located at the corner of Periwinkle Way and Tarpon Bay Road. For more information, email coastalkeepers@sanibelseaschool.org.✱



Customer carrying a reusable Coastal Keepers bag

photo provided

CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or dwaszmer@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Saturday. CROW is located at 3883 Sanibel-Captiva Road.

Beginning May 1, CROW will be open Monday through Friday from 10 a.m. to 4 p.m. Daily presentations will be offered at 11 a.m. only. Wildlife Walk hospital tours will be offered Wednesdays, Thursdays and Fridays at 11 a.m.

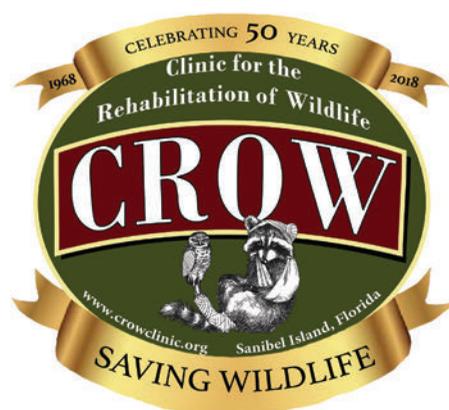
Friday, April 27, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, April 27, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Friday, April 27, 2 to 3:30 p.m., \$25 per person, advance registration required – Wildlife Walk with



Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, April 27, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.

Saturday, April 28, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Baby Care at CROW (daily presentation).

Wildlife parents are devoted to the care of their young and rarely abandon them. Juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, April 28, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves

around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Monday, April 30, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, April 30, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Monday, April 30, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Wild About Rehabilitation (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Tuesday, May 1, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are

found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Wednesday, May 2, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, May 2, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Thursday, May 3, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, May 3, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.✱

Borrow Passes To Local Attractions With Library Card

As Sanibel Public Library's Your Library Reimagined remodel project continues, the facility is open for normal operating hours. Popular services like computers, printers, high speed Wi-Fi, newspapers, puzzles and reference services are available. The other half of the library is being renovated, expected to reopen in early Fall 2018.

The children's weekly program schedule changes after May 3. The full schedule is listed on the library's online calendar. Geared specifically for children in fourth through sixth grade, the After-school Clique will meet on Tuesday, May 1 at 3 p.m. Family Story Time for preschoolers will be held on Wednesday, May 2 at 10 a.m., repeated at 1 p.m. The After-School Crew (for children in kindergarten to third grades) will meet at 3 p.m. on Thursday, May 4.

If your children love dogs and books, they might enjoy reading to Bessie, a bearded collie and a Reading Education Assistance Dog (READ). The READ program encourages children's love of books by providing a non-judgmental listener and furry friend. Bessie will be at



Bailey-Matthews National Shell Museum

the library on Thursday, May 3 at 4 p.m. Readers can sign up on-the-spot, with the program finishing by 5 p.m.

The library offers passes to four of the area's popular attractions: Bailey-Matthews National Shell Museum, Sanibel Historical Museum and Village, Golisano Children's Museum of Naples (C'mon) and CROW's Visitor Education Center. In addition to

checking out books, movies, music and magazines, you can check out these passes. Cultural passes may be reserved to check out for one week using a current Sanibel Public Library card. Call the library to reserve a pass and to get more information.

For more information, call 472-2483 or visit online at www.sanlib.org. Sanibel

Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information about the Sanibel Public Library, call 472-2483 or visit online at www.sanlib.org.

Daily Programs At Shell Museum

The Bailey-Matthews National Shell Museum, located at 3075 Sanibel-Captiva Road, offers daily Tank Talks at 11 a.m., 12:30, 2:30 and 4 p.m. Daily Shell Crafts are from noon to 3 p.m. (Shell Jewelry from 1 to 2:30 p.m. on Wednesdays). Included with museum admission and no reservations required. Schedule subject to change.

The museum also offers daily Beach Walks led by shell experts who are passionate about protecting the oceans' biodiversity. The one-hour walk departs at 9 a.m. from the Island Inn lobby on Sanibel, 3111 West Gulf Drive. Space is limited and reservations are required online at www.shellmuseum.org or by calling 395-2233. Cost is \$15 for adults 18 and older, \$9 for ages 12 to 17, \$7 for ages 5 to 11, no charge for 5 and under.

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Stand Up Paddleboarding: A Brief History

by Ocean Tribe Paddlers



When you see today's sleek, highly engineered stand up paddleboards, it is easy to think of the sport as a modern addition to our means of exploring the ocean. But people have been standing up to paddle in boats and on boards for thousands of years, for a variety of reasons.

Nobody knows for sure, but researchers believe that Peruvian fishermen were probably first to stand up on their bundled-reed vessels more than 2,000 years ago, catching waves on their way in from fishing. There is also evidence of people in Polynesia, Africa and China riding their traditional boats in a similar way around that time.

Then came Venice, Italy's gondoliers (perhaps the best-known stand up paddlers) and Israel's hasake paddlers – first fishermen, then lifeguards who used boats designed for paddling in a standing position.

The earliest photograph of modern stand up paddleboarding, as we know

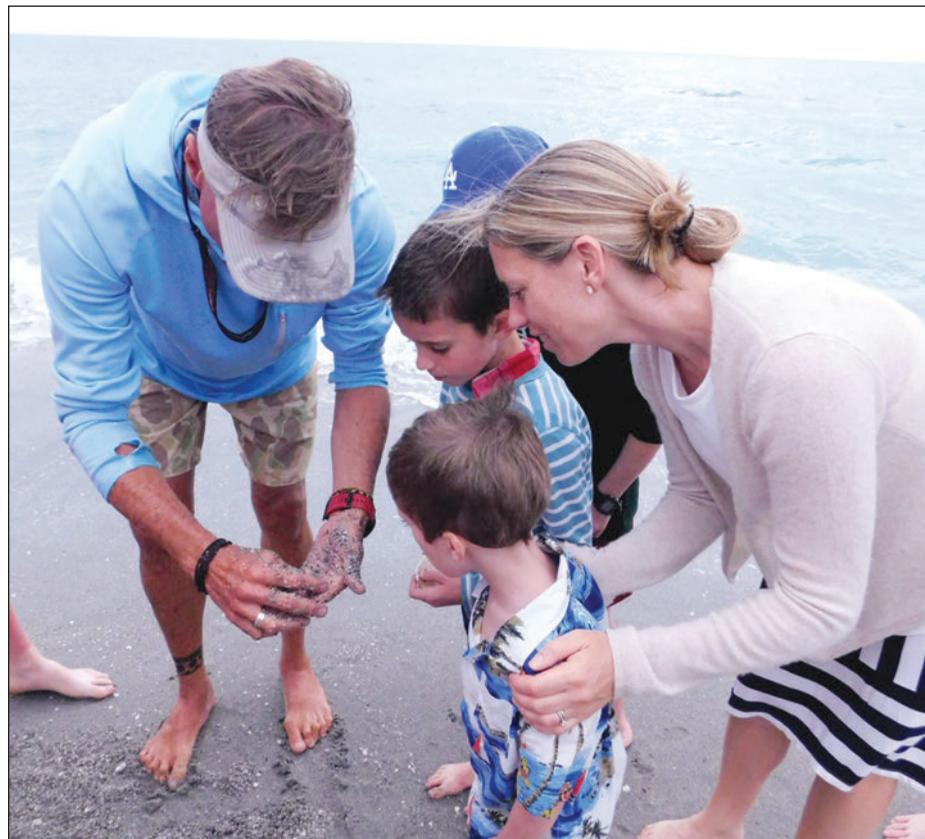
the sport today, is of the Hawaiian Olympic swimmer Duke Kahanamoku, taken around 1940. He was paddling an Australian surf ski standing up. Soon after, surf instructors known as “Beach Boys” started to stand on their surfboards with paddles while giving surf lessons, making it easier for them to guide and take pictures of their clients.

The practice caught on as a way for surfers to catch waves even on days when the swell was small, and “Beach Boy Surfing” was added to a major Hawaiian surfing competition in 2004. During the early 2000s, pro-surfer Laird Hamilton was photographed paddling a tandem surfboard in Malibu, California. The photos went public and the sport quickly caught on in the United States.

Some studies have identified stand up paddleboarding as the fastest growing sport in our country, and new ways to enjoy it are being invented all the time. The rise of SUP yoga, SUP racing, SUP fishing and more has led to new board shapes, materials, and innovations over the past decade, and it doesn't look like things will be slowing down in the near future.

Ocean Tribe Paddlers is a club that helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org or follow on Facebook to learn more. ✨

Captiva Yacht Club Members Take Beach Walk



Dr. Bruce Neill led a beach walk for Captiva Island Yacht Club members photo provided

Sanibel Sea School Executive Director Dr. Bruce Neill led a beach walk for members of the Captiva Island Yacht Club recently. The walk has become a post-Easter tradition, and has been organized for the past four years.

“We take a walk along the beach and discuss any interesting objects or creatures we find,” said Neill. “This year, we talked about seasonal changes in the ocean and fish migration, which felt appropriate for spring.”

Participants were also invited to use a seine net, and children were able to

gently hold a pufferfish before releasing it back into the sea.

“Many of our yacht club families have come to Sanibel Sea School for years, and I enjoy watching the kids learn and grow, and be able to identify creatures. Many are summer campers, so it's a nice opportunity to touch in with them mid-year,” added Neill, who also explained the value of building partnerships between different organizations in the community, and expressed his gratitude for the opportunity to explore the ocean with club members each year. ✨

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Fishing during the competition is permitted in all legal freshwater fishing areas in Southwest Florida, including Lee, Collier, Charlotte, Hendry and Glades counties

photo courtesy SWFL CISMA

Non-Native Species Fishing Tournaments

The Southwest Florida Cooperative Invasive Species Management Area (CISMA) will host its annual Non-Native Fish Roundup for two weekends beginning Friday, April 27 and concluding Saturday, May 5 at Lakes Regional Park.

Southwest Florida waterways are home to several non-native freshwater fish species. Many of these non-native species have a detrimental impact on the health and populations of the region's native fish communities. The roundup is intended to raise awareness about the harmful effects of releasing non-native fish species into local waters and to collect data about non-native fish distribution to assist wildlife management professionals with efforts to control these species.

The competition is split into two separate events in Fort Myers and Naples. The roundups are team events, with one to four anglers per team in both youth and adult categories.

The tournament on April 27 and 28 will be held at Sugden Park, located at 4284 Avalon Drive in Naples. Competition begins at 3 p.m. on Friday, April 27; check-in between 3 and 4 p.m. on Saturday, April 28, with scales opening for weigh-in at 4 p.m. For children 12 and under, a non-native fishing blitz

will be held from 4 to 6 p.m. Saturday at Avalon Lake in Sugden Park.

On May 4 and 5, the tournament will be held at Lakes Regional Park, located at 7330 Gladiolus Drive in Fort Myers. Competition begins at 3 p.m. on Friday, May 4; check-in between 3 and 4 p.m. on Saturday, May 5, with scales opening for weigh-in at 4 p.m. For children 12 and under, a non-native fishing blitz will be held from 4 to 6 p.m. on Saturday, May 5 within the lake at Lakes Regional Park.

Participants must register in advance in advance at www.floridainvasives.org/southwest to compete in one or both weekends. Registration is free.

Fishing during the competition is permitted in all legal freshwater fishing areas in Southwest Florida, including Lee, Collier, Charlotte, Hendry and Glades counties. Participants must follow all state and federal fishing regulations. For more information on state regulations, visit www.myfwc.com.

Prizes will be awarded each weekend for largest non-native fish and most weight of total non-native fish caught. Additionally, a grand slam prize will be awarded to one adult angler and one youth angler who reel in the most diverse group of non-native species from either weekend.

The event is co-sponsored by the Southwest Florida CISMA, UF/IFAS Extension, U.S. Fish & Wildlife Service, Lee County Parks & Recreation, Collier County Parks & Recreation, Conservancy of Southwest Florida, and the Naples Zoo.*

Shared Use Path Repair Project Under Way

The City of Sanibel began repairing Hurricane Irma related damage to the city's Shared Use Path system on April 20. Because of the nature of the damage, the project will receive FEMA funding assistance. The city anticipates that the repair work will be complete by Friday, May 4. For safety, the areas

under repair may be barricaded off from users. All path users are reminded to use caution while around and passing through construction zones.

Each year, the city inspects all 26.06 miles of Sanibel's Shared Use Paths and prioritizes the needs for repairs. Last year's original repair project was completed, however, Hurricane Irma caused additional damage to the path system, resulting in the need for this project.

Contact the Public Works Department at 472-6397 if you have any questions.*

Fish Caught



Jane Drew

photo provided

Jane Drew, visiting from Jersey in the U.K., caught a 22-inch black drum using a jig and shrimp while fishing off Pine Island on April 18.*

Shells Found



Alexandra Cousineau

photo by A. Ziehl

Alexandra Cousineau, visiting from Acushnet, Massachusetts, found an alphabet cone, shark's eye and olive shell on Nerita Beach while staying at Periwinkle Park. The 12-year-old has been coming to Sanibel for her April vacation for 10 years, staying with her grandparents.*



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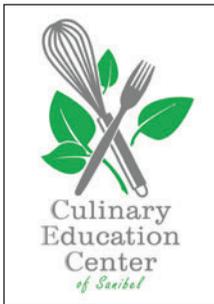
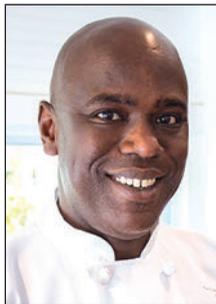
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The Community House

Sweet Corn



I always have in my fridge this time of year. As a youngster growing up in central Florida, the middle of April meant The Zellwood Corn Festival. It's a popular festival in central Florida, celebrating Zellwood super sweet corn. Zellwood corn has two seasons: the middle of April until the middle of June and the middle of September until the end of November.

Here is a simple recipe for you to try using sweet corn.

Sweet Corn Chowder

Ingredients

- 1 stick butter
- 4 stalks celery (diced)
- 2 medium onions (rough diced)
- 3 sprigs of fresh thyme (leaves removed)
- 1/2 tsp. black pepper (ground)
- 2 qts. chicken stock
- 16 ozs. fresh sweet corn kernels (removed from the cobb)

2 large russet potatoes (peeled and medium diced)

1/2 cup heavy cream

2 tblsp. corn starch

Salt and pepper

Method

In a large, heavy bottom pot, melt the butter over medium heat. Once the butter is melted, add the celery, onion, thyme and black pepper. Heat for 5 minutes.

Stir in the chicken stock, sweet corn and the potatoes, then bring to a boil.

Reduce heat to a simmer. Cook on a low heat, gently simmering for 20 minutes, or until the potatoes are soft.

Add the cream, then gently stir. Once the chowder begins to boil, add the corn starch and stir until thickened.

Season to taste.

by Resident Chef Jarred Harris

Sweet corn is a member of the grass family and was first cultivated by Native Americans over 7,000 years ago. Corn is grown on every continent except Antarctica and is considered a grain worldwide, except for North America, which classifies corn as a vegetable.

There are over 200 varieties of corn and sweet corn is used almost exclusively for culinary applications. It has the highest sugar content of any variety of corn. The most popular way to use sweet corn is eating it straight off the cobb.

The United States produces 42 percent of the world's corn and that makes America the largest producer of corn in the world.

Sweet corn contains potassium, thiamine, fiber, vitamin A, vitamin C and protein. It also contains zinc, copper, iron and powerful antioxidants.

Sweet corn is a staple vegetable that

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.*

Call To Artists For Juried Exhibit

Arts for ACT Gallery is looking for professional and emerging artists for an open themed group exhibit that will open on July 6. This year's theme is Of Myth or Lore, which explores the stories humanity has created and passed on to explain the world around us.

A non-refundable entry fee for one piece is \$10, two pieces are \$15 and three pieces are \$20. Judge to be announced.

Cash prizes include first place, \$100; second place, \$75; third place, \$50; and honorable mention, \$25.

Artists can drop off artwork from Friday, June 29 through Monday, July 2 between 11 a.m. and 4 p.m.

Art sales involve a 40 percent commission retained by Arts for ACT Gallery with proceeds benefitting the ACT shelter.

Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers. For more information, contact Claudia Goode at cgoode@actabuse.com or call 337-5050.*

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traders Gulf Coast Grill & Gifts has live entertainment on Tuesday and Thursday with the Danny Morgan Band. Chris Workman plays on Wednesday.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Kathy Buda. Dusk Duo performs on Saturday and Wednesday. Woody Brubaker plays on Sunday and Tuesday. Mike Arnone performs on Monday. On Thursday, it's Barbara Dexter.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandnews.com or 395-2299.*

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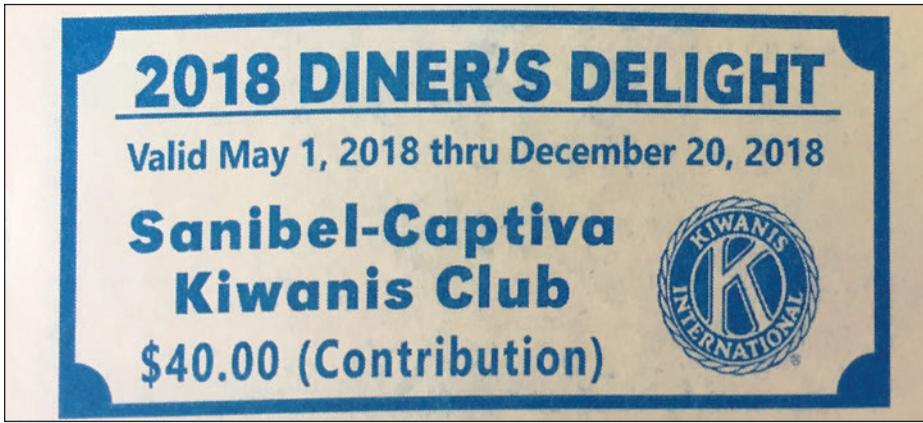


photo provided

Kiwanis Diner's Delight Books Selling Out Fast

Tuesday, May 1 marks the first day that the Sanibel-Captiva Kiwanis Club's 2018 Diners Delight 2-for-1 coupons can be used at local restaurants. As a result, the coupon books are being snapped up quickly. Restaurants look forward to the local customers the coupon book brings in at a time when the islands' seasonal visitors are leaving town. A total of 28 island restaurants will welcome the Kiwanis 2-for-1 coupons this year, which range from casual settings to elegant dining.

In addition to the boost in customer traffic, restaurants like the fact that the coupons encourage diners to visit new places they don't usually frequent, and

to try out different menu items.

From the customer's perspective, the coupon books are the best deal in town, giving them two entrees for the price of one – a potential savings of over \$500 if all coupons are used.

A limited quantity of the coupon books is made available for sale, and they sell out every year. Those interested in securing a coupon book are urged to do so soon before they run out.

The 2018 books are available for a donation of \$40 at Bank of the Islands, Sanibel Captiva Community Bank and Big Red Q Printing, or from any Kiwanis member. Proceeds from sale of the coupon books are used by the Kiwanis Club to underwrite recreation and education activities for island youth, including the Kiwanis Scholarship Program for students pursuing advanced education.*

Alcohol Ink Suncatchers



Supplies for creating Alcohol Ink suncatchers by Tracie Lantz

photo provided

Alcohol Ink is a solvent based dye that comes in a wide range of solid and metallic colors. The portable size and fine tipped applicators make them extremely user friendly. Inks work nicely on a range of surfaces including glass, ceramic tile, metal, wood, seashells and a synthetic form of watercolor paper called Yupo paper.

Prior to working with Alcohol Inks,

you will need to collect a few basic supplies. We recommend a minimum of three ink colors, a piece of craft felt cut into small squares, a spray bottle filled with Blending Solution or 91 percent rubbing alcohol, a smock or apron to protect your clothing, and a thick paper plate or a plastic placemat to protect your table top.

Once you have assemble your basic supplies, you will need a sheet of

continued on page 30

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Book Review

The Whispering Room

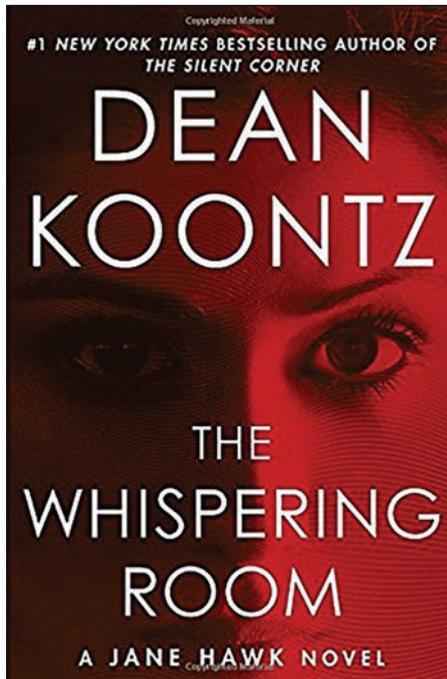


by Di Saggau

The *Whispering Room* by Dean Koontz, is a sequel to *The Silent Corner* and again features former FBI agent Jane Hawk as she continues her fight against

an evil conspiracy that brainwashes people with nanomachines. Before she takes her own life, schoolteacher Cora Gundersun utters these words, "No time to delay. Do what you were born to do. Fame will be yours when you do this." The phrase is also uttered by many others in the same situation. When Cora's secret journal is discovered, its contents lead the authorities to think she must have been insane. Jane thinks differently.

The 27-year-old Jane is the most wanted woman in America because she's been killing the bad guys responsible for the murder of her husband, by making it look like a suicide. Using disguises and her brain power to avoid surveillance by government agencies that have been infiltrated by the company, she continues her search for the murderous



billionaire whose California biotech firm developed the microscopic "control mechanisms" being injected into people's bloodstreams. These people are bent on hijacking America's future for their own monstrous ends, but they never banked on Jane, a highly trained FBI agent, to go rogue in order to detail their insidious plans.

Jane finds a good friend in a cop, Luther Tillman, after a teacher in his Minnesota town drives a car bomb into a hotel and kills 42 people including the governor and a congressman.

Driven by her love for her lost husband and by fear for her 5-year-old son she has sent into hiding, Jane has become an unstoppable predator. *The Silent Corner* still remains my favorite read, but *The Whispering Room* will not

disappoint as the charismatic Jane turns into an avenger. She's a new heroine who will continue her thrilling journey in Koontz's next book *The Crooked Staircase*, available May 8.*

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My pre-school daughter lied to her teachers twice last week. We discussed this with her and told her that lying is wrong, but I am

concerned that she may have some type of psychological problem. Her teachers said that lying at this age is generally not a problem. Is this true?

Jenna R, Cape Coral

Dear Jenna,

All children lie at some time or another. The key issue here is that you need to examine the behavior and see if the root cause can be determined. Lying, particularly with younger children, is often not serious but there is a range of issues that lying may represent from mild misunderstanding to fear. In your case with a young child, her teacher is probably correct since lying at the preschool age is very common and does not typically represent abnormal behavior.

Young preschool-aged children often make up "stories" and tell tall tales. This is typical of this age because preschoolers enjoy hearing and creating stories for fun. Sometimes though, young children may blur the distinction between reality and fantasy which results in lying. This type of lying is usually not a serious problem, and children typically outgrow this behavior.

As children get older, they may tell a lie to be self-serving, for example, to avoid doing a chore or to deny responsibility for their behavior. Parents should respond to these isolated instances of lying by talking with their child about the importance of truthfulness, honesty and trust. Older

children and teenagers may also lie to avoid hurting another's feelings, to protect their privacy or to help them feel psychologically separate and independent from their parents, as the American Academy of Adolescent Psychiatry has reported.

Lying can become a bad habit if it goes unchecked. It can also indicate malicious behavior or emotional problems. Children may lie to get attention from peers or adults, to deal with daily demands or to cover up a serious problem such as substance abuse.

If you find that your child has lied to you, you should take that opportunity to talk about their behavior. Parents are the most important role models for children and honesty is learned at home. The importance of honesty at home, school and in their community, should be discussed, as should alternatives to lying. This could be a great way to discuss and model how to problem solve. Teach your child different ways to cope and meet their needs without lying. And with the younger children, make sure to include a discussion about reviewing the differences between make believe and reality.

If as a parent, you do see a maladaptive pattern of lying with your child that is serious and repetitive, it may be time to seek professional help. An evaluation by a professional child/adolescent counselor could help both the child and parent understand and remediate this behavior.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

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Ilene Safron

photos provided

Documentary On Cayo Costa To Air May 3

A half-hour history documentary about the way of life, past and present on Cayo Costa will make its debut on WEDU PBS on Thursday, May 3 at 8:30 p.m.

Mullet & Mangroves, The Pioneer Fishing Families of Cayo Costa Island traces the island's inhabitants from its native Calusa origins to Spanish colonization through modern day fishing families and their descendants. Today, 94 percent of the island is a state park, where visitors arrive by boat for a day or stay overnight camping to enjoy its seclusion and nine miles of white sand beaches with

millions of seashells, surrounded by the tropical waters of the Gulf of Mexico.

Ilene Safron, who owns Main Sail Video Productions, Inc. in Fort Myers is the program's director/videographer. Bob Hite, who is WFLA-TV Channel 8's main news anchor, tells the story through historical research and interviews with the few remaining pioneers who grew up on Cayo Costa.

The program was a collaboration of sponsors, which included nonprofit groups: Friends of Cayo Costa, Barrier Island Parks Society and the Lee County Tourist Development Council, along with private in-kind donations. For the program's full schedule, visit www.wedu.org.

For more information about Cayo Costa, visit www.floridastateparks.org/cayocosta.✪

Senior Improv Troupe Returns To Broadway Palm



Harry's Senior Moment Improv Troupe

photo provided

The Off-Broadway Palm welcomes back the fun-filled improv comedy show *Harry's Senior Moment* for five performances from May 3 to 6. Featuring 84-year-old Harry Lichtsien (who has been battling 4th stage colon cancer since 2011) and his younger improv family cast, the troupe takes audiences on a rollicking, completely improvised show each time. Harry and his improv family will also be joined by a stellar group of improv friends from the Southwest Florida community.

Harry's Senior Moment has been

performed throughout Southwest Florida for the past three years and no two shows are the same. The audience gets involved immediately, giving suggestions and interacting with the performers. An interactive improv course for seniors, their families and caregivers is currently being developed.

Cost for tickets range from \$25 to \$45. Reserve by calling 278-4422, by visiting www.broadwaypalm.com/shows/harrys-senior-moment or stopping by the box office at 1380 Colonial Boulevard in Fort Myers.✪



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BIG ARTS Monday Night Film Series

Faces Places

by Di Saggau



The BIG ARTS Monday Night Movie for April 30 is *Faces Places*, a documentary unlike any other. A collaborative effort between legendary director Agnes Varda and photographer and muralist JR, the documentary takes the shape of a road trip infused with equal parts of artistic experimentation and awe-inspiring monumentality. There is an age difference of 55 years between these mismatched buddies, but they are perfectly matched.

The things that happen during their wanderings around rural France are lovely, surprising and deeply moving. JR is a photographer with a habit of superimposing massive images of faces and eyes on walls, streets and rooftops. The two discover a mutual fascination with people and their environments as they tour in JR's customized van, complete with large-format camera and printer. *Faces Places* celebrates the farms, factories and shipping docks where everyday people make their living and create their lives. Their enormous portraits are pasted onto houses, trains, barns and town squares.

JR's mission is to get ordinary people to take part in his work. An enlarged portrait of Guy Bourdain, a former collaborator of Varda's who went on to become a celebrated photographer, is put on a concrete bunker that Germans abandoned in World War II and ended up off a cliff and embedded in a beach. A visit

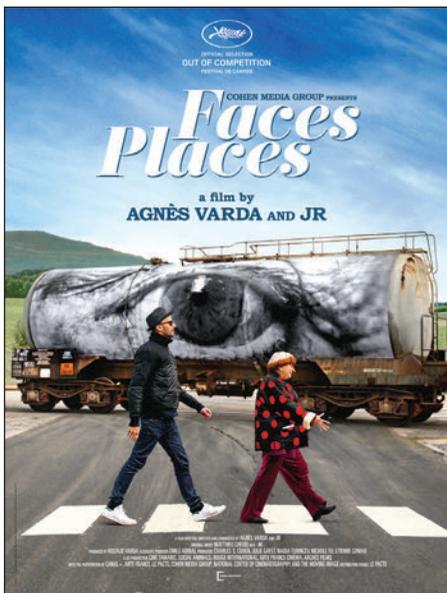


image provided

to a goat farm inspires an artwork calling for goats to be permitted to own their own horns. The film's finale is puzzling, heartbreaking and yet celebratory. It will linger in your heart for days. *Faces Places* runs 90 minutes and the moderator for the evening is Vinja Gembicki. This is the final film in this season's BIG ARTS Monday Night Series.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.bigarts.org, at the door or by calling 395-0900.*

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to Islandsunpoetry@gmail.com. Each week, an individual poem will be showcased.

by Hannah Star Rogers

Night-Dwelling Lightning Whelk

My heart is a translucent operculum
but not too translucent

and sometimes it opens automatically
like a garage door, and

otherwise
there is no budging it,

a stone
that cannot possibly be rolled
away

except by the miracle
of wanting to.

Hannah Star Rogers holds an MFA from Columbia University and a PhD from Cornell University. Her writing has appeared in the *Kenyon Review*, *LA Review of Books*, *Carolina Quarterly* and *Southern Women's Review*.*

have found this childhood activity a refreshing way to reduce anxiety, create focus or bring about more mindfulness. Participants may bring their own materials or use those provided.

Checkers, May 1 to 31 – Available during normal library operating hours: Tuesday, Thursday, 10 a.m. to 6 p.m.; Wednesday, noon to 8 p.m.; Friday, Saturday, 9 a.m. to 5 p.m.

Play classic checkers or try other versions such as Fox and Geese, Give Away, Shifting Pyramids, Corner Checkers or Goban. Instructions included. Alternatively, reverse the field and play Tic-Tac-Toe or Super Tic-Tac-Toe.

Children's Programs

Checkers, May 1 to 31 – Available during normal library operating hours: Tuesday, Thursday, 10 a.m. to 6 p.m.; Wednesday, noon to 8 p.m.; Friday, Saturday, 9 a.m. to 5 p.m.

Play classic checkers or try other versions such as Fox and Geese, Give Away, Shifting Pyramids, Corner Checkers or Goban. Instructions included. Alternatively, reverse the field and play Tic-Tac-Toe or Super Tic-Tac-Toe.

The Captiva Memorial Library is located at 11560 Chapin Lane on Captiva. For more information about a program or to register, call the library at 533-4890. Check the Lee County Library System's website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.*

From page 27

Suncatchers

translucent Yupo paper and a laser cut suncatcher. Next, lay your paper on your protected work surface and begin applying a few drops of color to your felt square. Dab the color onto the Yupo paper. Continue this process until you have used all of your colors. You can then apply some of the rubbing alcohol to your design by giving it a quick spritz from your spray bottle. Once you are satisfied with your inked Yupo paper, you can trace the outline of your laser cut suncatcher onto the page, cut it out and glue it to the back of your suncatcher.

This activity is perfect for experienced and novice crafters alike. Visit the "Craft Tutorial" section of our website for a video about Alcohol Inks at www.ThreeCraftyLadies.com.*

May Programs At Captiva Memorial Library

The Captiva Memorial Library is offering the following free programs for adults and children in May:

Adult Programs

Coloring for Grownups, May 1 to 31 – Available during normal library operating hours: Tuesday, Thursday, 10 a.m. to 6 p.m.; Wednesday, noon to 8 p.m.; Friday, Saturday, 9 a.m. to 5 p.m.

The repetitive motion involved in coloring has a calming effect and adults

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Pan Grilled Red Snapper with Avocado-Strawberry Salsa

- 1 jalapeño pepper, finely chopped
- 1 ripe avocado, diced
- 2 cups strawberries, finely chopped
- ¼ cup red onion, finely chopped
- 2 tablespoons cilantro, finely chopped
- 1 teaspoon fresh lime juice
- ¼ teaspoon sugar
- Sea salt, to taste
- 4 six-ounce red snapper fillets
- 1 tablespoon olive oil
- 1½ tablespoons fresh lime zest
- Salt and pepper to taste

Stir jalapeño, avocado, strawberries, onion, cilantro, lime juice, sugar and sea salt together in a bowl. Cover and set aside. Salsa may be made several hours ahead and chilled. When making ahead, add the sugar, salt and avocado when ready to serve.

Preheat stovetop grill pan over high heat. Pat fillets dry then brush both sides with the oil; sprinkle with the lime zest, salt and pepper. Lay fillets on grill pan skin side down and cook 4-5 minutes on each side, turning once, until cooked through.

Transfer fillets skin side up to individual serving plates. Carefully remove skin; top with avocado-strawberry salsa.✪



Pan Grilled Red Snapper with Avocado-Strawberry Salsa

photo courtesy Fresh From Florida

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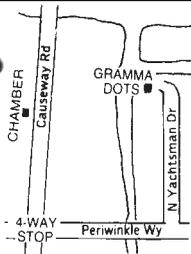
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New Rest Stop Added To Sanibel Shared Use Path



Gathered to cut the ribbon were, from left, Sanibel City Council member Holly Smith, Armstrong family members Brad, Sarah, Liz, Julie and Susan, and Sanibel Bike Club President Tom Batcheller

photo provided submitted by Tom Sharbaugh

Last Saturday morning, the City of Sanibel joined with the Sanibel Bicycle Club to officially open the newest rest area on the shared use path. A crowd of 50-plus enthusiastic users of the path system, including many yellow-shirted bike club members, gathered to

witness the ribbon cutting ceremony.

Located on Casa Ybel Road at Middle Gulf Drive, the rest area is outfitted with classic white benches, a drinking fountain, bike rack, shade trees and a map of the path system to help island visitors with directions. The location of the new

continued on page 14B



A group of visitors preparing to enter the Bailey Tract

photo by Jeff Lysiak

Public Hears Plan For Restoration At Bailey Tract

by Jeff Lysiak

Last Friday morning, the first of three public information sessions regarding plans for the upcoming Bailey Tract Hydrologic Restoration Project was held inside the Visitor &

Education Center at the JN "Ding" Darling National Wildlife Refuge.

During the 75-minute meeting, Senior Wildlife Biologist Jeremy Conrad discussed the history of Sanibel's freshwater wetlands and the Bailey Tract, the altered hydrology of that preserve, details of the restoration and what benefits are anticipated.

Another focus of the meeting was to dispel rumors of the project disturbing mating pairs of black-necked stilts that

continued on page 22B

Sanibel School Recognizes Blue Ribbon Partners

by Jeff Lysiak

Last Friday morning, The Sanibel School hosted a Blue Ribbon Partner Appreciation Breakfast in recognition of community businesses, individuals and families who have made significant contributions in support of the award-winning K-8 educational facility.

The April 20 gathering, held inside the school's cafeterium, included refreshments, mingling, the presentation of ribbons and a musical performance by the school's Seahorse Chorale, who sang six songs including a Disney medley, the Leonard Cohen classic *Hallelujah* and *You Will Be Found* from the Broadway hit *Dear Evan Hansen*.

"Our students here are top notch, and the programs you are supporting are top notch," said Chuck Vilardi, the school's

continued on page 20B



On April 20, The Sanibel School's Blue Ribbon Partners were recognized for their support of the award-winning K-8 school. The gathering included refreshments, the presentation of ribbons and a performance by the school's Seahorse Chorale.

photo by Jeff Lysiak

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Sanibel Artist, Couple Help Support WGCU



From left, Dr. Mark Banks, Myra Roberts and Gretchen Banks with Roberts' *Tickled Pink* painting photo provided

Sanibel residents Dr. Mark and Gretchen Banks made the winning bid for Myra Roberts' original acrylic painting, *Tickled Pink*, at an auction held to benefit WGCU Public Media. The February 21 auction, held at the Sidney & Berne Davis Art Center in Fort Myers, also featured a guided tour of the Sanibel-based artist's Dream Peace exhibition.

Officials at WGCU Public Media, a member-supported service of Florida Gulf Coast University, are grateful to Roberts for donating the painting.

"*Tickled Pink* was painted to honor brave women who have come forward to start the #MeToo movement," said Roberts.

A week before Dream Peace opened on February 2, Roberts was interviewed on WGCU's Gulf Coast Live radio show.

Dr. Mark Banks is a retired physician and health care executive and Gretchen

Banks retired as an attorney with Cargill, Inc. The former Minnesotans began visiting Sanibel in the late 1960s and have been residents for a decade. He is on the board of the "Ding" Darling Wildlife Society-Friends of the Refuge.

"WGCU has been my constant companion when I am painting," Roberts noted.

The Banks are longtime supporters of public media in Minnesota, Wisconsin and Florida and said, "Educational radio is needed now more than ever."

WGCU Public Media, in partnership with the Southwest Florida Community Foundation and the Women's Fund of Southwest Florida, chose Roberts as one of five 2016 Makers: Women Who Make Southwest Florida. Nominated by the public, the selection of Roberts was based on her impact in the arts and social justice in Southwest Florida.*

by calling 533-8683.

Vote-by-mail is especially encouraged this year because there will be 13 proposed Constitutional amendments on the November ballot. If you voted in 2012 in Florida, you will remember how long it took the ballot reader to process each page of that ballot which had 11 amendments on it.

If you still want to go to the polls on election day, you can turn in the ballot you received in the mail when you go to vote at your polling place. Also, you can always check the status of your mailed-in ballot online.

August 28 is the primary and November 6 is the general election. You must be registered at least 29 days ahead; the deadlines are July 30 for the primary and October 9 for the general.

Go to www.lee.vote for more information on voting, including who is eligible, polling places and early voting.

The League of Women Voters of Sanibel is a non-partisan organization dedicated to promoting an educated and participatory electorate. Later this year, the league will be distributing information on candidates' responses to policy questions as well as pros and cons on the Constitutional amendments.*

Are You Ready To Vote In 2018?

The League of Women Voters of Sanibel wants you to know it's easy to register and vote but you need to make note of these simple tips.

Be sure you are registered and update any information that has changed in your status, such as your address or party affiliation. You can do all of this online at www.lee.vote (or www.RegisterToVoteFlorida.gov). Be aware that you are removed from the rolls if you do not vote in at least one election during a four-year period. If you find yourself in that situation, just register again. In addition, ballots are not forwarded, so be sure the Supervisor of Elections knows where to send your ballot for each election.

Sign up for vote-by-mail (votebymail@lee.vote) and to check your status. The Supervisor of Elections will send you a ballot for each election you ask for. Most people don't realize their vote-by-mail status expires after two general elections; even if you've voted consistently in previous elections, you must renew your vote-by-mail request. It's easy to check your status and renew at www.lee.vote or



(FROM TOP LEFT) STEVE BROWN, FOUNDER AND CHAIRMAN - AL HANSER, CHERYL GIATTINI, CEO, TERRY IGO.
(BOTTOM LEFT) GEORGE HEISLER, GINNY FLEMING, HANK HUMPHREY, JIM PIGOTT, VIRGINIA STRINGER, CHUCK KETTEMAN.

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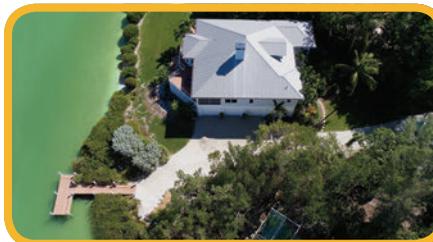
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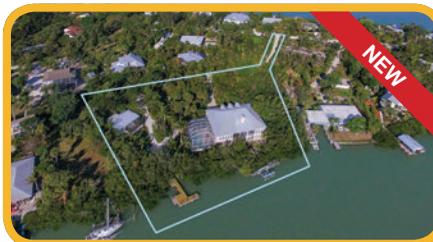
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The CROW team accepting the Chrysalis Award for Eco-Innovation, from left, Brian Bohlman, Dr. Heather Barron, Rob Lisenbee, Paul Ben-Susan, Linda Estep, Breanna Frankel, Mary Schoeffel and Rachel Rainbolt photo provided

CROW Honored With Chrysalis Award

The Clinic for the Rehabilitation of Wildlife (CROW) was awarded the Chrysalis Award in the category of Eco-Innovation at the 9th annual Celebration of Business & Tourism Awards Luncheon and Trade Show on April 19 at the Westin Cape Coral Resort at Marina Village.

The Lee County Visitor & Convention Bureau (VCB) and the Greater Fort Myers Chamber of Commerce honored six local individuals and businesses who

positively influence Lee County. The 19 businesses and four individuals nominated for Chrysalis Awards were judged on innovation in their respective category. The judges also focused on how the nominees distinguished themselves in the community, the results of their efforts to promote the destination and their contributions to business and tourism partnerships for the overall benefit of the county.

"We are incredibly humbled to be recognized with this prestigious award," said Linda Estep, executive director of CROW. "We owe huge thanks to the many individuals who support our organization and help us save the wildlife that makes Southwest Florida a top

destination for visitors."

In addition to saving wildlife through state-of-the-art veterinary care, research and conservation medicine, CROW also offers an opportunity for travelers and residents to learn about local wildlife in its

Chrysalis Awards: Best Of Business And Tourism

The Lee County Visitor & Convention Bureau (VCB) and the Greater Fort Myers Chamber of Commerce recently honored six local individuals and businesses who positively influence Lee County at the Celebration of Business & Tourism Awards Luncheon and Trade Show at The Westin Cape Coral Resort at Marina Village.

The 2018 Chrysalis Award honorees celebrated for their positive impact on the local community were:

Business Development: Sanibel Captiva Community Bank

Cultural Achievement: Alliance for the Arts

Eco-Innovation: CROW (Clinic for the Rehabilitation of Wildlife)

Education: The Laboratory Theater of Florida

Sales & Marketing: HelloSWFL
Business Tourism Leader: Courtney Fraser/Eat Local Lee

The event, prior to National Travel and Tourism Week, May 6 to 12, celebrates the successful collaboration

Visitor Education Center, located at 3883 Sanibel-Captiva Road. The center features interactive exhibits, children's areas, live feed cameras of rehabilitation areas, live animal exhibits showcasing native versus invasive species, and daily presentations by staff.

CROW also offers an in-depth look behind the scenes of its hospital through its Wildlife Walk program. The approximately hour and a half program includes admission to the center, daily presentation and a guided tour that walks through the history of the organization, its student programs, and the process it takes to rehabilitate Southwest Florida's native and migratory wildlife.

Beginning May 1, CROW's Visitor Education Center is open Monday through Friday from 10 a.m. to 4 p.m. and presentations are offered daily at 11 a.m. Wildlife Walk programs are offered on Wednesdays, Thursdays and Fridays at 11 a.m. Advanced registration for Wildlife Walks is required. Registration can be done by phone at 472-3644 ext. 229.

For a schedule of presentation topics or for more information, visit www.crowclinic.org.

between tourism and the community to maintain and enhance tourism as the major economic engine for Lee County. IberiaBank is the presenting sponsor.

"These are the MVPs of tourism and business in Lee County," said Commissioner Cecil Pendergrass, chairman of the Lee Board of County Commissioners as well as the Tourist Development Council. "Their commitment to excellence goes a long way toward benefiting our community and our citizens."

The 19 businesses and four individuals nominated for Chrysalis Awards were judged on innovation in their respective category. The judges also focused on how the nominees distinguished themselves in the community, the results of their efforts to promote the destination and their contributions to business and tourism partnerships for the overall benefit of the county.

Honorees were recognized for their commitment to excellence in improving community growth and creating job opportunities for the citizens of Lee County. The awards event was attended by members of the local business and tourism community. Tourism brings an estimated \$3 billion annually into the local economy and accounts for one in five jobs in Lee County.

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Sanibel-Captiva Lions Rick Wagner, Jeff MacDonald and Bob Kern, center, present a donation to Carole Bloom and Ron Bloom of Southeastern Guide Dogs photos provided



Southeastern Guide Dogs ambassadors made an appearance at the Sanibel-Captiva Lions Club Arts & Crafts Fair to draw attention to the organization's mission

Lions Support Southeastern Guide Dogs

The Sanibel-Captiva Lions Club has been a longtime supporter of the Southeastern Guide Dogs organization that pairs well-trained dogs with the visually impaired and veterans who suffer from Post Traumatic Stress Disorder (PTSD). It's for those who cannot see and those who have seen too much.

"It's not really our goal to be the biggest organization training guide dogs, just the best," said Ron Bloom of Southeastern Guide Dogs, who was the guest speaker, along with Carole Bloom, at the Lions March dinner meeting. "We train 100 dogs per year and there is a 20-day training program for the recipient, who receives a dog for life through us."

Southeastern Guide Dogs transforms lives by creating and nurturing extraordinary partnerships between people and dogs throughout the United States. It's a nonprofit training dogs of the highest pedigree - all without government funds.

"The most impressive thing about

working with this organization is meeting those who have received a dog and hear their story," added Ron. "It truly changes their life."

The Lions recently presented a generous donation to the organization, which made an appearance at the annual arts and crafts fair to draw attention to its work and highlight its partnership with the club.

"Sight is one of the Lions defining causes, so we believe the work of the Southeastern Guide Dogs is very important," said Lion President Tom Nachazel.

The Sanibel-Captiva Lions Club meet the first and third Wednesday of each month at The Community House, located at 2173 Periwinkle Way. The Sanibel-Captiva Lions Induction Dinner for 2018-19 new board and officers will be held on May 2 at Thistle Lodge. Dr. Brian Healy will speak on Chinese medicine and acupuncture at the May 16 meeting.

Visiting Lions are welcome to attend.

To learn more about becoming a Lion, contact membership chairman Steve Schulz at stevensschulz@comcast.net or 233-6261, or visit www.sanibelcaptivalions.org.

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Captiva Panel Report

The outpouring of comments and ideas from the community in response to the recent community survey conducted by the panel was overwhelming, with a response rate near 25 percent.

All the information collected and analyzed to date is available on the panel website at www.captivacommunitypanel.com under the "Captiva Code" section. Included is an aggregate of survey responses, a brief analysis of those, and all the comments provided under all the various topic areas and other questions.

A more detail analysis is expected to be presented at the panel's May 8 meeting, and will be posted online in advance of that meeting.

The next meeting of the Captiva Community Panel is set for Tuesday, May 8 beginning at 9 a.m. in the Cone Rooms at Chadwicks Square at South Seas

Island Resort. This meeting is open to all islanders and the public.

A more detailed review of the recent community survey will be presented, part of the public input process for the ongoing update of the Captiva Code. Input from this survey and the four community workshops will be discussed at the May 8 panel meeting, and will serve as the basis for research and review over the summer. Possible options on these issues will be discussed with the community in the fall.

Among the other agenda items will be an update on the planned upgrades to the panel website, plus committee reports and updates from other island organizations.

The next meeting will be held on June 12. Information and background documents are available online at www.captivacommunitypanel.com.

The next meeting of the Captiva Erosion Prevention District board is Wednesday, May 9 beginning at 1 p.m. at 'Tween Waters Inn. Call the district at 472-2472 or go to www.mycepd.com for more information.*

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John R. Wood Island Real Estate



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Tom and Elise Starr

The top producers at John R. Wood Island Real Estate for the month of March were: Dave Russ, top lister; Kris Cardinal, top closed sales; Tom and Elise Starr, top pending sales; and Julie Oberlin and Allie Oberlin, production award: Julie Oberlin & Allie Oberlin.*



Julie Oberlin

John Gee Realty



Bob Hodosky



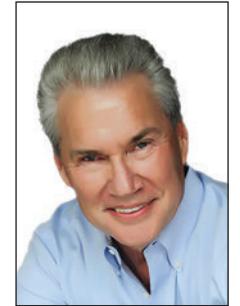
Will Compton

The top producers for the month of March at John Gee Realty were: Bob Hodosky, top producer; and Will Compton, top sales.*

John Naumann & Associates



LeAne Taylor Suarez



Larry Hahn



Debbie Hooper



Nancy Finch



George Kohlbrenner



Jane Reader Weaver

The top associates for the month of March at John Naumann & Associates were: LeAne Taylor Suarez, top listing agent; Larry Hahn and Debbie Hooper, top listing team; Nancy Finch, top sales agent; and George Kohlbrenner and Jane Reader Weaver, top sales team.*

RE/MAX of the Islands



Sarah Ashton



Chuck Andrews

The top producers at RE/MAX of the Islands for the month of March were: Sarah Ashton, top marketing associate; and Chuck Andrews, top selling associate.*

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Superior Interiors

Color Trends



by Linda Coin

Color is a key ingredient in decorating – it adds life, excitement and fun to our rooms. Color has a large impact on us – it can affect things such as our moods, our appetite and our working

efficiency. Here's a look at some hot new color trends that you might consider for your next decorating project.

The new neutrals are classic and sophisticated. Hues of gray, from pale to deep, are the top trend in the neutral palette. They also link the area between black, which may be too severe, and taupe, which may not be strong enough. These grays are classy and are at home in any room. Rich browns such as mink, espresso and chocolate are other neutrals that are key to the home fashion palette.

Emerging as a hot fashion color last fall, purple is not just a fad. Look for gray violets as an accent color or neutral, as well as deeper purples in a huge range of products. Mauve is making a comeback as an accent but also serves as a neutral now. Purple, silver and gray create a lovely color palette for the contemporary living room or a guest room.

Passionate, warm and inviting – the red and orange family will have a strong presence moving forward. From softer

orange tones to hot and spicy shades of red and orange, they are great at livening up a space. Crimson, tangerine and cool apricot add life and spice up any room whether it is with paint or adding trendy accessories in these striking colors.

Cool and calm blues are relaxing and still a hot trend, especially in Southwest Florida. Watery blues, sea glass, spa blue and sky blue will help you create a tranquil and peaceful feeling. They are ideal for bedrooms and baths where relaxation is key.

Expect several versions of pink, from modest blush to barely-there beige-pinks to vibrant pinks – some with hints of purple and coral. They are all great color choices for those extra special accents.

Complementary colors are huge. Whether it's black and white or blue and green, opposite shades can make a room more exciting. Use neutrals in opposite sides of the spectrum for an elegant, distinct look or couple primary colors for a more daring result.

Don't know where to start? Use colors that are in keeping with your surroundings. If you have a gorgeous view, neutrals will make the view stand out. If your home is lacking in architectural interest, the addition of color will add some. Finally, color is a personal choice. When choosing colors, think about what colors look good on you and make you happy and ask, "what do I want to feel when I am in this space?" Choose a color palette that reflects that.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecde.com.✪

Island Water Association Elects Board Of Directors



From left, Maureen O'Brien, Paul Garvey, Bruce Neill, Dennis Berry and Ken Kouril

photo provided

At its April annual meeting, the members of the Island Water Association, Inc. elected directors for the coming term.

Ralph Sloan retired from the board after having served five years, this past year as president. Maureen O'Brien was elected to her first two-year term. Current board member Bruce Neill was re-elected to his second two-year term. O'Brien and Neill join other directors, Paul Garvey, Ken

Kouril and Dennis Berry.

IWA board officers for 2018 include: Dennis Berry, president; Paul Garvey, secretary; and Maureen O'Brien, treasurer.

Incorporated in 1965, the Island Water Association, Inc. is a nonprofit member-owned utility providing potable water to the islands of Sanibel and Captiva. It is governed by a board of five volunteer directors who may serve a total of three two-year terms.✪



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Lucille Nadeau and Kate Dietrich

Island Seniors Hold Mahjong Season Finale

Once a month during the winter season, a mahjong tournament is held for members of the Island Seniors. Due to building constraints, the Center 4 Life facility is unable to accommodate these tournaments. Each tournament lasts from 9 a.m. to 3:30

photos provided p.m., with five or six tables (20 to 24 players). There are only a few homes that can accommodate that many people and/or tables.

In 2018, the tournaments were hosted by Gay Nichols, Katie Reid and Susan Riley. The final tournament for this season was held on April 13. Being an all-day affair, it starts with breakfast and socialization, moves into three rounds (12 games), then lunch followed by two more rounds (eight games) and ends with coffee, dessert and prizes.✧



From left, Anita Force Marshall, Carole Myer and Anne Scott



From left, Shirley Rigby, Pat Macchia and Gay Nichols



From left, Pat Hammond, Ruth Bringer and Susan Riley

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Karen and Jim Hall with Sunny and Sparkle at SanCap Cares Island Celebration to benefit Golisano Children's Hospital photos provided

Realtors Continue Community Efforts

The Sanibel-Captiva Conservation Foundation (SCCF) held its 7th annual Beer in the Bushes fundraiser on March 31. Guests were treated to craft beer tastings, dinner, live music, dancing and other surprises. Participants dressed in Soul Train attire of the '70s era. Sanibel

& Captiva Islands Association of Realtors (SCIAR) members Connie Walters, Anna Turner, Eric Pfeifer and Joel Goodman were among the realtors enjoying the festivities.

Along with supporting and attending Beer in the Bushes, the Association of Realtors has its own End of Season Party and Water Quality Auction in May to benefit SCCF, with all proceeds going towards water quality efforts such as the SCCF Marine Lab's RECON Network, and policy advocacy work on water quality and restoration. If you would



Ted and Carol Benjamin at SanCap Cares Island Celebration

like to donate items to this water quality auction to aid SCCF, you may drop off any donations to the Association of Realtors office or contact your local realtor.

SanCap Cares held its 18th annual Island Celebration on April 8, which raised money to support pediatric mental and behavioral health programs being spearheaded by Golisano Children's Hospital of Southwest Florida. Realtors on the SanCap Cares committee include co-chair Valerie Tutor, Kasey Albright, Melissa Rice and Amy Wainwright. Realtor guests at the event included Jim



Connie Walters and Anna Turner at SCCF's Beer in the Bushes

Hall, Ted Benjamin and Mary Lou Bailey. SCIAR is also running a food drive for FISH of SanCap. Throughout the next couple weeks, realtors will be collecting non-perishable items to help fill the food pantry at FISH. If you have leftover non-perishables from your winter stay or would like to donate any items, let your local realtor or vacation rental company know or drop it off at 2353 Periwinkle Way, Suite 201 directly behind the Winds Beach Shop above Finnimore's Bike Rentals.

Look for updates on other upcoming community projects.✱

LCEC Recycles

From volunteering in the community to fundraising for organizations like the United Way to providing local environmental funding awards, Lee County Electric Cooperative (LCEC) believes in taking an active role in making communities and the environment a better place to work and live.

Another less obvious way that LCEC gives back is through recycling. Each

year, aluminum, copper, steel and other equipment is recycled to generate revenue that is reinvested into the system. In addition, materials such as plastic, paper and wood are routinely recycled, and employees and contractors are encouraged to participate.

Last year alone, LCEC recycled 1.7 million pounds of recycled aluminum, copper and other materials as well as 38,510 pounds of paper. Recycling is just another way LCEC is proud to help energize the community.✱

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2777 West Gulf Dr. #103



From left, Al Hanser with Priscilla and Doug Viets

photos provided

Trust Company Hosts Spring Celebration

The Sanibel Captiva Trust Company hosted its annual Spring Celebration once again at Casa Ybel Resort last Thursday evening. The trust company team thanked their clients, community partners and friends for their patronage and community commitment. More than 200 guests enjoyed the ideal weather during the early evening function on the gulf front lawn. An array of heavy hors d'oeuvres and cool drinks were served under a tent, while John McLane played steel drums and other music selections for the crowd.

Founder and chairman Al Hanser said, "Every year this group seems to get larger and larger, and that's a testament to the growth of our company. You've helped make that happen and we are sincerely grateful." He went on to say, "The guests



From left, trust company hosts Gail Latino, Kristi Lane and Frances Steger welcome guests

here tonight are a microcosm of our community – valued clients whom we consider our friends; leaders of local charities who work tirelessly for our community, and business owners



Guests Valerie Tutor, Antonette McDonald, Catherin Anderson, Dulce Doss and Mandy Greenstein ham it up with Trust Company CEO Terry Igo



From left, Janina Galante and friend Jolanda share a laugh with trust company host Steve Greenstein

and city leaders who contribute to the culture of the islands and attract thousands of visitors to our community every year. We are proud to be among you."

Another season will soon fade on Southwest Florida as locals take a brief break and prepare for summer vacationers and next fall.*



From left, Sally Slay, Graham Whitlow and Janet Ingersoll



Al Hanser, founder and chairman of The Sanibel Captiva Trust Company, left, greets guests as they arrive at the last event of the season



From left, Chip Roach, Al Hanser, Ralph Clark and Ken Kouril



From left, Steve Kreter, Robin and Doug Cook with Dave Essig



Sanibel City Manager Judie Zimomra and Al Hanser pose for their annual photo



AJ and Sunny Scribante



From left, Marilee Wood, Ed Anderson and Marty Arnowitz with Al Hanser



From left, Barry Gordon with friends Don and Dee Hunter



From left, Steve Brown, trust company CIO Ian Breusch and Judie Zimomra



Guests enjoyed a buffet under the tent



Al Hanser thanks his guests

Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Donations are now being accepted for the annual Trash & Treasures Sale. A tax deductible receipt will be provided for your donation of clean, gently used items. You may bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3 p.m. Books, clothing, shoes, computers or old TVs cannot be accepted. If you have any questions, call 472-5743.

Page Turners with Louise Fitzgerald & Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the Center 4 Life. The featured book for Wednesday, May 9 is *Happiness Is a Choice You Make* by John Leland. The discussion takes place at 2:30 p.m.

“Newly divorced at 55 and living alone, *New York Times* writer John Leland felt unmoored as he struggled to come to terms with caring for his elderly mother. Then he began work on a series of articles about people 85 and older, focusing on six elders from different backgrounds. He visited them with no real agenda but listening. And the lessons he ultimately gleaned in ‘gratitude and resilience and purpose’ not only helped him sort out his own midlife difficulties but also formed the heart of his new book, *Happiness Is a Choice You Make: Lessons From a Year Among the Oldest Old*.” – AARP

Gelli Printing with Bea Pappas – Fridays, May 4, 11, 18 and 25. Cost is \$20 for members and \$25 for non-members. Beginners welcome.

You can do mono type or make papers for collage use. Supplies needed: paper towels, acrylic paints, water container and one-inch brush. The instructor will provide all other supplies.

Trip to IKEA – Tuesday, May 8. Cost is \$5 for members and \$10 for non-members. Cost includes round trip transportation. Lunch is on your own at the IKEA Café. This will be an all day shopping spree at IKEA in Plantation, Florida. If you have never experienced IKEA, this is your chance. Advance registration is required by Friday, May 4.

Franklin Lock Buffet Cruise – Thursday, May 10. Cost is \$58 for members and \$68 for non-members. Take a 4½-hour cruise, heading east on the

calm waters of the Intracoastal Waterway en route to the WP Franklin Locks that control the waters of Lake Okeechobee. You will pass through the historic Tice Railroad Bridge built in 1903. Observe the working of the locks as well as the banks of the Caloosahatchee that flourish with tropical growth and beautiful homes. View wildlife, manatees and eagles in the natural habitat.

On the return trip, there will be a sing-along, dancing and sightseeing on the open third deck. Trip price includes buffet lunch, live narration and refreshments. Advance registration is required by Friday, May 4. Carpooling is available on a first come basis.

Games
Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at noon; the game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

New: Rummikub – Tuesday at 1 p.m.
Hand & Foot – Thursday at 12:00 p.m.

New: Canasta – Thursday at 12:30 p.m.

Hearts – Friday at 12:30 p.m.

Kayaking on Tuesdays – May 1 and 15 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Available through May 4.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday

at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.✪



Sanibel Bike Club President Tom Batcheller, right center, welcoming the crowd

photo provided

From page 1B

Shared Use Path

facility has already proven to be a hit with path users, as many people have been seen stopping there even before construction was completed. It is the first path-side rest area along the gulf side of the island, and the intersection is a spot where many visitors not familiar with Sanibel need help deciding which way to go.

The Sanibel Bicycle Club has a tradition of working together with the city to create shared use path support projects over the past 28 years since the club was formed. Past projects have included construction of gazebos, the Path Information Center near Huxter's Market and development of the Shared Use Path Master Plan. The club raises funds for these projects through its 501(c)3 arm, the Sanibel Trails In Motion Fund.

This latest rest area was inspired by the family of the late Dale Armstrong, a founding member and past president of the Sanibel Bicycle Club, who wanted to do something in his memory. Project construction was funded by donations from Armstrong's family and friends, made to

the Sanibel Trails In Motion Fund. The site was provided by the City of Sanibel.

There to mark the opening were numerous club members, City Manager Judie Zimomra, City Council members Holly Smith and Chauncey Goss, and Dale Armstrong's family including wife Julia, daughters Liz and Susan, son Brad and daughter-in law Sarah. Sanibel Bicycle Club President Tom Batcheller welcomed attendees and thanked the city for its cooperation on the project.

In her remarks to the crowd, Smith commented on the unique asset the path has become for the City of Sanibel. She also applauded the value of the public/private partnership between the city and the club which has aided continuing improvement of the path system over the years.

Dale Armstrong's son, Brad Armstrong, also spoke on behalf of the family. He told some entertaining anecdotes about his father's years supporting the path. Dale was famous for bringing hedge clippers along on his bike rides so he could stop and trim back encroaching tree branches. Brad brought along those old hedge clippers to cut the ribbon, officially opening the facility.✪



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Attorney, Trust Company Partner On Presentation

The Sanibel Captiva Trust Company hosted more than 60 guests on April 11 at The Community House for the presentation *Passing the Vacation Home to Your Heirs*, giving vital points to consider when including family vacation homes or other real estate in estate plans.

Guest presenter Craig R. Hersch, attorney and partner with the firm of Sheppard, Brett, Stewart, Hersch, Kinsey and Hill, spoke as part of the Trust Company's annual WOWPlus Series. The program was hosted by Robin L. Cook and Steven Greenstein, executive vice presidents and wealth advisors of the Sanibel Captiva Trust Company who also contributed to the content of the day by providing real-life scenarios of the family dynamics involved in acquiring or liquidating the family vacation home.

Some highlights of the presentation included considering the first step in the process, which is determining whether it makes financial sense to keep the home in the family before leaving that legacy to heirs. Liquidating a second home has become a necessity for some parents who are living off their assets and need all their assets to generate a return. When in doubt, parents should take care of their own financial needs first.



From left, Steven Greenstein, Robin L. Cook and Craig R. Hersch

photos provided

Next, confirm whether or not children actually want the home and will equally share the use and enjoyment of the property. If multiple children are involved, can they all manage the expenses of insurance, upkeep, taxes, etc.? Some children may prefer or even need a liquid inheritance that could contribute to their lifestyle.

If you have multiple heirs and do

decide to pass on the home, consider placing the home into a limited liability company, a family partnership or a trust, and appointing an independent trustee to be responsible for making all decisions. This may help alleviate some of the tensions that can be caused by direct ownership and keep the happy memories that you all enjoyed as a family intact for the next generation.✪

Public Forums Set For Sales Tax Referendum

The School District of Lee County is inviting all parents and interested parties to two community forums about the Sales Tax Referendum on this November's ballot.

The first forum will be held Tuesday, May 1 in the Gateway neighborhood of Lee County. The second is on Thursday, May 3 on Sanibel.

Superintendent Dr. Greg Adkins and school board member Chris Patricca will be presenting *Change-for-Change*, the Facts about the School Board's Half-Cent Investment in our Children.

Topics to be covered include:

The capital need

Why a sales tax?

How will the money be spent?

There will be time set aside for a question-and-answer session after the presentations are finished.

The Gateway community forum will be held at Next Level Church, located at 11081 Gateway Boulevard, from 7 to 8 p.m. on May 1. The Sanibel community forum will be held at The Community House, located at 2173 Periwinkle Way, from 6:30 to 8 p.m. on May 3.

The public is welcome. RSVP to news@leeschools.net. For details about the Sales Tax Referendum, visit www.leeschools.net/change-for-change.✪



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Web ID 217079033 \$2,000,000



15107 Captiva Drive
Burns Family 239.464.2984
Web ID 218005795 \$19,850,000



15138 Wiles Drive
Burns Family 239.464.2984
Web ID 217064543 \$6,999,000



16447 Captiva Drive
Stephanie Bissett 239.292.3707
Web ID 216043699 \$3,599,000



18 Beach Homes
Burns Family 239.464.2984
Web ID 217059721 \$3,445,000



1561 San Carlos Bay Drive
Burns Family 239.464.2984
Web ID 217066805 \$2,500,000



11523 Andy Rosse Lane
Burns Family 239.464.2984
Web ID 216067960 \$2,499,000



11541 Wightman Lane
Burns Family 239.464.2984
Web ID 217067939 \$2,175,000



924 Pecten Court
Burns Family 239.464.2984
Web ID 217049598 \$1,895,000



14100 Duke Highway
Stephanie Bissett 239.292.3707
Web ID 218014995 \$1,800,000



3386 West Gulf Drive
Burns Family 239.464.2984
Web ID 217058796 \$1,297,700



Sunset Captiva Condominiums #204
Burns Family 239.464.2984
Web ID 217055694 \$1,195,000



5411 Osprey Court
Burns Family 239.464.2984
Web ID 217068353 \$1,099,000



17280 Frank Road
Stephanie Bissett 239.292.3707
Web ID 218008908 \$729,900



236 Hurricane Lane
Wendy Humphrey 239.851.2301
Web ID 218015815 \$689,000



Sundial of Sanibel #H409
Burns Family 239.464.2984
Web ID 217050041 \$465,000



2307 Wulfert Road
Burns Family 239.464.2984
Web ID 217026095 \$219,900



Casa Di Fiori #204
Susan Scavelli 239.834.7789
Web ID 217050131 \$184,900



5116 Sea Bell Road
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Web ID 217006823 \$169,500



5126 Sea Bell Road
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- 5 BR/ 5.5 BA stunning courtyard pool home with Chef's kitchen
- Concrete construction, travertine floors, and steps to the beach
- **\$2,499,000** EUR € 2,019,704

2. Sunsets over Clam Bayous – Sanibel

- 3 BR/2BA home located in gated community Heron's Landing
- Featuring private elevator, enclosed & open lanai for unobstructed bayous views
- **\$1,099,000** EURO € 888,217

3. Sundial West Gulf View Unit

- 1 BR/1 BA remodeled condo with screened in lanai
- Gulf views from almost every room, excellent rental
- **\$465,000** EUR € 375,815

4. Bay Front Antebellum Home with boat dock & lift – Sanibel

- 3BR/4BA direct Gulf access canal with dock and lift
- Elevator, fireplace, multiple lanais with 360 degree water views
- **\$2,500,000** EUR € 2,020,512

5. Canal front Condo on Sanibel

- 2 BR/ 2.5 BA condo located off East Gulf Drive in Seawind Community
- Community pool, tennis courts, boat docs, and steps to nearby beach access
- **\$530,000** EUR € 428,348

6. One of a kind Polynesian style Captiva retreat

- 3 BR/3 BA oasis with Travertine tile floor & custom carved cabinets on extra wide parcel
- Cathedral ceilings, clerestory windows throughout, enclosed pool
- **\$2,175,000** EUR € 1,757,845



7. Jensen's Marina & Cottages – Captiva

- Rare opportunity to own this truly iconic resort and marina. Stunning & timeless property located in the Heart of Captiva.
- Over 1 acre along the sparkling Intracoastal Waterway, 35 slip marina with fuel dock, 14 quaint and comfortable cottages and a ship store
- **\$19,850,000** EUR € 16,042,867

8. Remodeled Direct Access Canal Home in Shell Harbor

- 3BR/3BA completely remodeled home featuring travertine floors, an open kitchen with granite counters
- RS Walsh landscaping surrounds the screened lanai & pool, large boat dock able to accommodate sizeable boat or sailboat
- **\$1,849,000** EURO € 1,494,370

9. Sea-walled canal home in Shell Harbor -Sanibel

- 3BR/2.5BA situation on a private cu-de-sac with boat dock & lift
- Screened in pool overlooking canal & beach access w/ parking
- **\$1,099,000** EURO 888,217

10. Shell Seekers – Captiva

- 6BR/7.5 BA Olde Florida architecture style home offering stunning 180degree direct views of the Gulf of Mexico
- Stunning coastal décor, 2 story coffered ceilings in the living room, gorgeous master suite & fantastic outdoor living
- **\$9,250,000** EUR € 7,475,895

11. Captiva home with Boat Dock & Beach Access

- 4 BR/3 BA courtyard home with pool, great outdoor living space including outdoor fireplace
- Street legal Golf Cart included, deeded beach access, boat dock w/ lift, excellent weekly rentals
- **\$1,595,000** EUR € 1,289,086

12. River Front condo's at Harbor Place – Fort Myers

- #501 3 BR/2 BA top floor penthouse **\$559,000** EUR € 451,786
- #301 3 BR/2 BA beautiful remodel **\$549,000** EUR € 443,704
- #202 3 BR/2 BA stunning River & preserve views **\$535,000** EUR € 432,389



Tiffany, Jeff, Joan & Joe Burns

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Kathy Haungs, Denice & John Beggs

Will Power

Is It Possible Anymore?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

I recently sat down with “Mike,” in his mid 80s, who owned and operated more than a dozen car dealerships in the Northeast before selling those dealerships to his son.

“How did you get started in the car business?” I asked. “I was about 27 years old, selling used cars after my stint in the Navy,” Mike said. “Someone who knew someone got a representative from Volkswagen to meet with me about opening a dealership in my community. They painted this picture where I would build a \$300,000 building – a lot of money back in the early 1960s. I would build the building, purchase inventory and hire mechanics, sales staff and

support personnel.”

“That sounds like a lot of money, even now. In today’s dollars it was probably a couple million dollars or more,” I noted. “Did you have a stash of cash? Inheritance?”

“I didn’t have two nickels in my pocket,” Mike chuckled. “I had another friend from the Navy whose father was the bank president. He loaned me the money. At first, I was nervous because they wanted me to personally sign for all this money. But then I visited a friend who had a thriving business. He asked me what I had to lose. I was judgment proof, really. If I defaulted, there wasn’t anything for the bank to get other than the business. So I did it.”

The rest was history. Mike went on to build several dealerships that sold cars, employed hundreds of people and served communities.

Later that evening, I thought a lot about Mike and how he made himself such a success. I also thought about how impossible building that business would be today for someone in a similar circumstance.

Bank regulators would never allow a bank to loan significant amounts even to an ambitious 20-something without collateral or a co-signer. Purchasing property and obtaining all of the necessary permits to build a car dealership, complete with environmentally hazardous materials such as used oil, would likely cost multiples of what was necessary back in 1960. Hiring workers entails not only salary costs, but also the remittance of state and federal taxes, and compliance costs associated with laws and regulations governing employers, including employer Social Security matching, Medicare matching, health insurance, disability insurance and others.

So is replicating Mike’s success even possible today?

I don’t know the answer. It is evident that while government plays an important role in regulating business such that the consumer, environment and employees are all treated properly, I question whether we’ve also choked off the American dream in many ways. Has government taken too large of a role in our lives? Where should we draw that line as a society?

Government regulation isn’t the only constraint today. Most businesses compete not only with those down the highway or across the street, but from across the globe. Going back to the car example, how much money would a new dealership have to invest in a web presence and Internet capabilities in order to attract customers, quote prices and close deals?

Obviously, the car business isn’t the only one affected by these factors. All of those in business share these obstacles. Are they the right obstacles? Are they too

many? Have we over-regulated to the detriment of young, ambitious people who don’t have access to capital?

Somehow, making money and even our economic system called capitalism have become taboo in our society. That’s too bad because capitalism was named by its enemies, including Karl Marx. The true definition of capitalism according to Austrian economist Friedrich Hayek (1899-1992) “is an ever increasing system of cooperation among strangers.” No other economy in the world works as well as capitalism in creating value and wealth for its citizens.

Less advanced economic systems fail because they require a centralized system of management consisting of individuals who are part of a family, clan, tribe or party. Those outside don’t benefit. Those inside benefit greatly. Only when you have a society that is governed by the rule of law, rather than the whims of a man or a group, can it engage in an economic system capable of producing remarkable results.

When you withdraw money from an ATM machine that is not your banking institution, think about how successful cooperation amongst strangers must be in order for that transaction to occur. In Europe, I used ATM machines to withdraw local currency from my checking account here in Fort Myers. Without the reliance among strangers in the economic system, that wouldn’t be possible.

We may all want to take time to consider how today’s young generation is going to make a go of it so that we all continue to prosper.

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Commissioner Warns Of Potential Threats To Home Rule

submitted by Will Smith

Brian Hamman, District 4 Commissioner of Lee County, met with the Sanibel-Captiva Republican Caucus on April 14 to discuss issues facing Sanibel and Lee County.

One issue he raised was that of Home Rule, which is the philosophy which allows control of important issues to reside with the local citizens of a county or city, rather than be regulated by the state of Florida. The Florida Constitutional Revision Commission is considering a Constitutional Amendment that would weaken this provision. Hamman is a supporter of Home Rule, as he feels that cities benefit by having decisions made locally, rather than expect one “size to fit all.” He is concerned about voter acceptance of general constitutional or legislative proposals that may sound good, but can be problematic to certain cities because of their specific situation.

Thus, a regulation that permits chain gas stations to have pre-approved building architecture and gas pumps layouts may be efficient for large corporations which operate across the state, but may be detrimental to smaller, independent stations that offer specialized products and architecture. Localities would also lose ability to control size and appearance of the businesses. Similarly, unified rules for pest controls or fertilizers may be fine for most cities, but might not fit Sanibel and Lee County with our significant concerns for overcoming water pollution.

Commissioner Hamman recommends that voters read ballot measures carefully before voting in cases that may eliminate flexibility for alternative, more favorable approaches to be used in local situations. He pointed out that this year’s Primary will be August 28, followed by the General Election on November 6. Both voting dates are important, since there are elections that may only be on the Primary ballot.

The final Sanibel-Captiva Republican Caucus meeting for the season will be on April 28, with a program to be announced.✳



Brian Hamman

photo provided

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FGCU Honors Advocates With Service Award

Geoff and Robbie Roepstorff received the Green & Blue Service Award at the Florida Gulf Coast University (FGCU) annual Men's Basketball Banquet.

The Green & Blue Service Award is bestowed annually in recognition of the recipients' numerous distinguished contributions that have continually fostered goodwill for and the image of FGCU Men's Basketball and the gentlemen who comprise the program. Since 2012, the award has been presented to Jim and Donna Sublett, Art and Phyllis Herman, Dr. Bob and Cinda Ryan, Dean and Janie Schreiner, Sam and Carol Crimaldi, and Mike and Karen Hartley.

"Geoff and Robbie personify what this award represents. A couple who proverbially bleed green and blue and who have demonstrated such for years in so many ways to FGCU as a whole on a daily basis. In particular, in relation to our men's basketball program, as with their predecessors who have been bestowed the Green & Blue Award, they simply have been tremendous advocates and supporters and do so without any stipulations, beyond wanting the best overall for



From left, Edison National Bank's Geoff and Robbie Roepstorff with FGCU Director of Athletics Ken Kavanagh photo provided

our student-athletes academically, athletically and with their personal growth," said FGCU Director of Athletics Ken Kavanagh.

Geoff and Robbie Roepstorff, who are co-founders of Edison National

Bank and serve respectively as chief executive officer and president, are longtime Eagles fans.

"I am just so proud to be part of this university and see how much it means to the Southwest Florida community," said Robbie, who serves as the vice chair of the FGCU Board of Trustees.

The Roepstorffs' appreciation for

the FGCU athletics programs has only grown since Kavanagh's arrival in 2009.

"We are impressed with Athletics Director Ken Kavanagh and consider him to be the best in the nation," said Geoff. "Just look at FGCU's Athletics programs, and you can see the value of his decision-making. Ken's choice of Michael Fly to lead our men's basketball team is another great example of that."

FGCU is one of only four schools in the nation to have its men's and women's basketball teams both win at least 20 games in six straight seasons, joining Duke, Louisville and Saint Mary's.

FGCU teams have combined to win an incredible 70 conference regular season and tournament titles in just 10-plus seasons at the Division-I level. Additionally, in just six-plus seasons of D-I postseason eligibility, the Eagles have had 33 teams or individuals compete in NCAA championships. Seven FGCU programs have earned a top-25 national ranking in their respective sport. In 2016-17, the Green and Blue posted a department-best 6th place finish in the DI-AAA Learfield Directors' Cup and top-100 showing nationally, ahead of several Power-5 and FBS institutions. FGCU also collectively earned a 3.27 GPA in the classroom and served an all-time high 7,200-plus volunteer hours – being recognized as one of two runner-ups for the inaugural NACAD Community Service Award presented by the Fiesta Bowl.✪

Optimists Offering Bailey Memorial Scholarship

The Sanibel-Captiva Optimist Club is offering a single, four-year college scholarship to 2018 graduating seniors. This recurring scholarship is presented in memory of Sam and Francis Bailey, natives and long-time residents and benefactors of Sanibel Island. They both had a strong commitment to higher education. This maintains the number of current Optimist Club scholarships at six. Each scholarship is \$2,000 per year (\$8,000 total). The competition for the Bailey Memorial Scholarship is open to all 2018 graduating seniors who live, have lived, worked or whose parents are employed on Sanibel. The other five scholarships,

when available, are open to all Lee County students.

Applications are available at all Lee County high schools and on the San-Cap Optimist website at www.sancapoptimist.org. Additional information is available by contacting Stan Howard at 472-0836 or by email at info@sancapoptimist.org. Scholarship applications must be post-marked no later than Thursday, June 14, 2018. The scholarship committee plans to make the final decision by the end of June.

Applicants should be aware that academic records, financial need, extracurricular activities, civic/community service records, and references are integral parts of the selection criteria. The application package gives exact procedures.

The San-Cap Optimist Club also sponsors and/or supports a number of other activities on the island with emphasis on youth welfare and education.✪

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Everblades Perfect In First-Round Of Hockey Playoffs; Next Up Orlando



by Ed Frank

For lovers of sports, this may be the best time of the year. The 2018 baseball season is in full swing (15 games on some days), the National Hockey League and the National Basketball Association playoffs are being played, and the National Football League draft is this week.

In addition, what some say is the most exciting two minutes in sports, the Kentucky Derby, is next weekend, and there is professional golf, soccer and tennis on television. I've probably missed others.

Right here in our own area, however, there is exciting playoff hockey as the Florida Everblades, having advanced to the South Division Finals of the ECHL with a four-game sweep of the Atlanta Gladiators, take on the Orlando Solar Bears in a best-of-seven series starting tonight, Friday, at 7:30 p.m. at Germain Arena. The puck drops at 7 p.m. tomorrow, Saturday, for Game Two. Games Three, Four and Five (if necessary) will be in Orlando next week before returning here if Games Six and Seven are necessary.

Orlando swept South Carolina in the first round. The Fort Myers-Orlando best-of-seven series marks the first time in ECHL history that two teams meet having swept their opponents in the previous round.

The history of the Florida Everblades is one of true success in, not only minor league hockey, but minor league sports in its entirety.

The Everblades have qualified for postseason play in 19 of its 20 years of franchise history. The team won the ECHL championship, known as the Kelly Cup, in 2012, and advanced to the league championship finals in the 2003-04 and 2004-05 seasons.

Nearly every season the Everblades are among the league's top five teams in attendance, averaging nearly 6,500 fans per game. More than 4 million fans have attended Everblades hockey at Germain Arena in the team's history. Thirty-one former Everblades players have been promoted to the National Hockey League.

There were doubters that minor league hockey could survive when the franchise began as we have seen minor league basketball and arena football teams here fold. But they were sure wrong about the Florida Everblades.

Miracle Also Home This Weekend

In addition to Florida Everblades playoff hockey here this weekend, the Fort

Myers Miracle baseball team also will be home at Hammond Stadium hosting a four-game series against Daytona that began Thursday and concludes with a Sunday matinee.

The Miracle began the week with an 8-9 season record and a fifth-place standing in the Florida State League South Division. Daytona came here in first-place in the North Division with a sparkling 12-5 season record. Game times for the series are 7 p.m. Thursday and Friday, 6 p.m. Saturday and 4 p.m. Sunday.*

Attention Sanibel Nonprofit Organizations

The City of Sanibel has received the following announcement from the Southwest Florida Community Foundation announcing their next funding cycle:

As we gear up for this year's Lee County Arts and Attractions Marketing grant cycle, funded by the Lee County Tourist Development Council, we are

excited to kick it off with the annual Attractions Marketing Workshop. This year, the workshop will be virtual – so you don't have to worry about traveling in.

You can find more details about and register for the webinar at this link: <https://www.leevcb.com/events/tdc-attractions-marketing-application-webinar>.

This year's grant cycle will open its call for applications on May 1 and will close on June 22. If you plan on applying, you must attend this virtual workshop, scheduled from 3 to 4 p.m.**

From page 1B

Blue Ribbon

second-year principal, who also announced the hiring of a new gifted teacher and Spanish language instructor.

Vilardi also announced that on Friday, May 25, the school will host Leadership Day, where members of the community are invited to visit the school. "Part of our mission is to unite," he explained. "It's important for us to open up the school to the community so they can see everything we're doing."

Christian Fautz, president of the Sanibel School Fund, and PTA President Kimberly Paulus also thanked the Blue Ribbon Partners and sponsors in attendance for their continued support. They also mentioned two upcoming fundraisers – the Seahorse Festival, to be held from 4 to 7 p.m. on Saturday, May 5 at Sanibel Community Park, and the Blue Ribbon Classic Golf Tournament, to be held on Saturday, May 12 at The Sanctuary Golf Club – along with this year's raffle prize: a street legal golf cart, currently on display at Bailey's General Store.

Recognized that morning were Blue Ribbon Partners including (Premier Sponsor) Sanibel-Captiva Kiwanis Club; (Title Sponsor) Charitable Foundation

of Islands, J. McLaughlin; (Grand Sponsor) Bank of the Islands, The Sanibel Captiva Trust Company, The Sanctuary Golf Club, Chuck Bergstrom, AJ and Sunny Scribante, Doc Ford's Rum Bar & Grille, George and Anna Sampas; (Platinum Sponsor) *Island Sun* newspaper, Bailey's General Store, The Mossberg Family, The Kouril Family, Law Offices of Jason Maughan, Pfeifer Realty Group, Jensen's Twin Palm Resort & Marina, The Dunn Family, Lazy Flamingo, Sanibel Captiva Community Bank, PGI Homes – Tia and Anthony Farhat, Aaron Pruss, Esq., Invest Florida Realty – Nicholas and Kimberly Paulus, RS Walsh Landscaping, Jeff and Veronica Powers; (Gold Sponsor) The Crater Family, Donna and John Schubert, Natalya Zacharievich, Dan and Mary Bell; (Silver Sponsor) Jen McSorley, Helen and Chuck Ketteman, Alan and Joan Klutch, Superior Title of Sanibel, Jay Scanlon – Scanlon Lexus/Acura of Fort Myers, Ralph and Allison Quillen; (Bronze Sponsor) Linda and Richard Green, Emily and Dick Muench, Phaidra McDermott, Sanibel Charm-Lifestyle Blog.

For more information about the Blue Ribbon Sponsorship Program, contact Christian Fautz at 917-763-6824 or ChristianFautz@netscape.com.*

SPORTS QUIZ

1. Who are the three official Montreal Expos in the Baseball Hall of Fame?
2. How many times did Hall of Famer Steve Carlton win at least 20 games in a season for the Philadelphia Phillies?
3. When was the last time before 2016 that the Temple Owls football team won a conference championship?
4. Golden State's Stephen Curry set a record in 2016 for most 3-pointers in a game (13). Who had held the mark of 12?
5. Who holds the NHL record for most consecutive games played?
6. Which two soccer greats have won the Ballon d'Or award as soccer's best player five times each?
7. Name any of the three horses trained by Bob Baffert that won the Breeders' Cup Classic between 2014 and 2016.

ANSWERS

1. Gary Carter, Andre Dawson and Tim Lincecum. 2. Five times -- 1972, '76, '77, '78 and '82. 3. It was 1967. 4. Kobe Bryant (2003), Donnell Marshall (2005) and Curry (2016). 5. Doug Jarvis, with 964 consecutive games played. 6. Cristiano Ronaldo and Lionel Messi. 7. Bayern, 2014; American Pharoah, 2015; Arrogate, 2016.



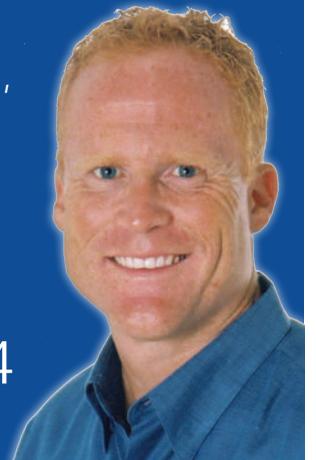
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Sanibel-Captiva Rotary Club Board of Directors and new board officers photos provided

Rotary Club Elects New Directors And Officers

Rotary District #6960 Gov. Sandy Hemstead and Sanibel-Captiva Rotary President Holli Martin recently inducted Sanibel-Captiva Rotary's new club officers for 2018-19. They are: President John Danner; President-elect Eldon Bohrofen; Vice President Jack Alexander; Secretary Chet Sadler; Treasurer John Raho; and Sergeant-at-Arms Don Russell. New to the board



President John Danner

of directors are Roger Grogman and Richard Green. Effective start date for these officers will be July 1, 2018.*

Foundation Seeks Nominations For Teacher Award

The Uncommon Friends Foundation has set a Tuesday, May 15 deadline for nominations for the annual Character Education Teacher award to be presented at Uncommon Evening on November 8. Educators in elementary, middle and high schools throughout Lee, Charlotte and Collier counties who teach the foundation's character education curriculum are eligible. The award recognizes outstanding educators who teach character education using the

foundation's "Lessons Learned from the Uncommon Friends," as well as inspire their students to adopt and live by high ethical standards.

The full eligibility criteria and nomination form are available at www.uncommonfriends.org/character-education. The completed nomination form and a letter of support from the nominee's supervising administrator must be emailed to jennifer@uncommonfriends.org no later than May 15.

The character education programs meet the Florida educational standards and are easily aligned with the standards of other states.

For more information, call 337-9503.*

Tournament Raises \$25,000 For Breast Cancer Research



From left, Brian Kautz, general manager of The Dunes Golf & Tennis Club; Chris Shaul, The Dunes head golf pro; Gussie Blue, DWGA Play For PINK committee representative; and Steve Greenstein of The Sanibel Captiva Trust Company photo provided

On February 10, The Dunes Women's Golf Association hosted its annual Play for PINK fundraising tournament for the Breast Cancer Research Foundation (BCRF). The event is sponsored by Estée Lauder Companies which donates 100 percent of monies earned to BCRF and is rated A+ in CharityWatch.

A total of \$25,000 was raised thanks

to the generosity of Sanibel and Captiva financial institutions, merchants, artists and personal foundations. The attendees purchased raffle tickets and bid on silent auction items to help contribute to the cause.

The Sanibel Captiva Trust Company underwrote the luncheon for 100 golfers.*

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Beautifulife:

Edges



by Kay Casperson

I enjoy my walks on the beach as often as I have time to fit it into my morning or evening routine. There are many times that I come home with a pocket full of shells that I have found

to be interesting. Many of my favorites were found not in the midst of all the new ones just washed in, but the ones around the outside edges of the beach, swept up, stepped over, forgotten and ignored.

Since I have lived on or near the beach for many years now, I have quite the collection of these beautiful shells sitting in bowls, used for art or given away to guests and visitors. I have often given visitors a favorite shell in a little organza bag with an affirmation attached to brighten their day and send them home with a happy memory.

Finding these shells makes me think about the fact that there are also people in our lives that are staying around the edges yet they are the most precious, beautiful, talented and interesting individuals if we would take the time to engage and interact with them. Some of the most laid back, quiet, content and confident individuals can tend to be the most interesting and inspiring

people that you would want to meet and know.

Who are the people in your life that live around the edges, not necessarily in the spotlight all the time or maybe even a bit shy, private or just not interested in putting themselves out there for the world to see? Maybe there are distant relatives that you have not taken the time to get to know or members of your club or organization that you have never really had a conversation with. How about at your church or even your place of work? It might be nice to find out something new about someone that you have seen so many times yet know so little about.

I believe that exploring more around the edges in life will bring you many new surprises that you might not have found if you had stayed only on the path that everyone takes. I promise that you will be even more inspired and will open up your heart and mind to living your most balanced and beautiful life.

My affirmation for you this week is:

"I am taking the time to explore around the edges of my life and will open my heart and mind to embrace the things that might have been missed along the way."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.✧

Doctor and Dietician

Decrease Inflammation



by Ross Hauser, MD
and Marion Hauser, MS, RD

Our daily food choices fall into either "pro-inflammatory" or "anti-inflammatory" categories. Interestingly, researchers have found links between eating a pro-inflammatory (bad inflammation) diet and increased fractures in women, as well as an increase in osteoarthritis in both men and women. As we age, pain and fractures are very real concerns, and smarter dietary decisions can help us stay strong and pain-free.

Salmon, for example, is a well-known source of omega-3 fatty acids. These essential fats are often labeled as "anti-inflammatory," since they decrease systemic inflammation. The fatty acids, eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), can improve functional ability and reduce pain in a myriad of conditions, including osteoarthritis.

Onions and garlic both possess

anti-inflammatory agents that help with chronic pain. Onions also have the antioxidant quercetin that aids in inflammation. Since both onions and garlic are the basis of so many recipes, the fact that they are so good for us is a great bonus.

Berries are excellent sources of antioxidants. The popular blueberry contains a strong antioxidant called anthocyanin. Strawberries contain high concentrations of anthocyanins as well. A major anthocyanin in strawberries, pelargonidin-3-O-glucoside (P3G), can help in inflammatory conditions. According to a 2018 edition of *Food Chemistry*, oxidative stress and its components were halted and reduced by P3G. The benefit of strawberries doesn't stop there. Resveratrol is found in high concentrations in strawberry seeds. Resveratrol has shown cardiovascular-protective properties as well as anti-cancer properties. Overall, berries are a delicious and powerhouse health food.

What are pro-inflammatory foods? Sugar is one of the top inflammatory foods to eliminate much as possible. Others include trans and saturated fats, fried foods, processed meat, refined carbohydrates and artificial sweeteners/additives. Choosing fresh, whole foods instead of pro-inflammatory foods as often as possible has far-reaching effects on our health, including our joints.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✧

From page 1B

Bailey Tract

are currently nesting at Bailey Tract.

"First and foremost, we don't have any plans to disturb those birds who may be nesting," said Nate Caswell, deputy refuge ranger.

In early March, the first black-necked stilt arrived at the Bailey Tract. The bird, which was identified as a female, was joined by at least five others. The group formed nesting pairs, one at the first long pond on the right at Bailey's eastern end and the other across from the bench at the west end.

The male black-necked stilts have a solid black back while the females have a slight brownish tint to their back.

On April 16, the refuge posted on its Facebook page that one of the stilt pairs was spotted guarding three eggs in its nest, located on the island within Ani Pond. It is the second year in a row that these stilts have successfully nested on Sanibel.

"We will wait until the birds have finish nesting before we begin work on the project," Conrad assured the two dozen audience members.

Prior to the 1950s, interior portions of Sanibel – including the Bailey Tract, located off Tarpon Bay Road near the Island Inn Road intersection – was a freshwater cordgrass marsh. Evidence of that was shown in a December 1944



From left, Jeremy Conrad, John Thompson, Paul Tritaik, Nate Caswell, Toni Westland and Monica Scroggin

photo by Jeff Lysiak

aerial photograph showing little diversity in vegetation, except for some Australian pines and palm trees along thoroughfares such as Periwinkle Way.

By the late 1960s, developers convinced refuge officials to allow excavation of the Bailey Tract in order to harvest much-needed fill material for Sanibel-Captiva Road. "They were also hoping to create waterfowl habitat, which really didn't happen the way they thought it would," Conrad said of the altered

hydrology of the preserve. "I don't think that they understood at the time that if you altered the hydrology like that, this would be the result."

Currently, ponds within the Bailey Tract serve as a sink for water within the marsh. Shorter periods of hydrology (evaporation) allows for woody encroachment and ecological succession into the forested wetlands. No longer a marsh, almost half (42 percent) of the tract has become a forested wetland,

which doesn't help support the plethora of marsh species which used to thrive in that area.

Among the species that has been threatened due to the transition of the marsh is the Sanibel Island Rice Rat, which is dependent upon hydric marsh habitat for foraging, nesting and shelter. The first rice rat was captured and identified at the Bailey Tract in 1954, but populations of the unique species have dwindled steadily since the 1980s.

"An objective of the Bailey Tract Restoration Plan is to improve 25 percent of the potential Sanibel Island Rice Rat habitat," said Conrad. "This little fella is in trouble, which is why we're doing this... but it's not the only reason we're doing this."

The goals of the project, supported by the Florida Fish & Wildlife Conservation Commission's Aquatic Habitat Restoration and Enhancement (AHRE) initiative, are:

Increase acreage of cordgrass marsh and habitat for a wide variety of marsh species;

Reduce encroachment of woody species and non-native invasive species;

Reduce hazardous fuel loads (vegetation) and improve fire management.

Once the project begins, work is expected to last approximately six to eight weeks.

For more information, contact Jeremy Conrad at 472-1100 ext. 230 or jeremy_conrad@fws.gov.✧

dearRPharmacist

Taking Medicine That Makes You Gain Weight

by Suzy Cohen, RPh



Dear Readers: Some of you are eating like a bird, and still struggling to lose weight. As a pharmacist, I've seen it time and time again. Someone comes in looking fit and great, and six months later they have 30 pounds on

them. And, it is out of character, meaning, they've been thin all their life. Counting calories won't matter.

Today's article will shed light on why

you're getting heavier and heavier, even though you may be exercising or eating a diet that should keep you slim.

Estrogen-containing hormones: This category includes oral contraceptives as well as HRT, hormone replacement therapy. It's partly because high levels of estrogen cause insulin resistance and make it harder for you to break down glucose. Your fat cells expand to four times their size. These fake estrogens, as well as pesticides which are also estrogenic, cause a relatively lower amount of testosterone which is needed for lean muscles.

Antidepressants: The reaction varies, so in some of you, these drugs can cause weight loss during the first few months. However, it's often short-lived as many users of antidepressants develop a voracious appetite (especially for carbs) after the initial weight-loss effect.

Steroids: Hydrocortisone, prednisone and methylprednisone are part of this category, and they are popular medications. These corticosteroids are taken by mouth,

unlike some of the ones you inhale for the treatment of asthma. So, as a result, the oral medications cause more dramatic weight gain. In 2006, a survey showed that about 70 percent of steroid users gained weight despite trying to exercise and diet.

Antipsychotics: Clozapine (Clozaril) and olanzapine (Zyprexa) are second generation antipsychotics that are used in the treatment of mental health disorders like bipolar disorder and schizophrenia. These second generation medications cause serious weight gain.

Insulin: The weight gain can be dramatic if you take insulin, and it doesn't matter the type. It's such an irony too if you think about it. Insulin is used to treat diabetes, which is frequently associated with obesity, and insulin is the drug used to treat diabetes, but it causes more obesity.

Obviously, if you take these medications, please do commit to a healthy exercise regimen and continue on a clean low fat, low carb diet. But hopefully

reading this will give you some peace and the realization that it's not your fault, and that another medication might exist that isn't associated with as much weight gain. It's a good conversation to have with your doctor.

If you'd like a more comprehensive version of this article, sign up for my newsletters at www.suzycohen.com and I'll email you every Tuesday with the electronic version of this health blog. Why Tuesday? Because Sam thought of it; he said Tuesdays are Suze-days! LOL. And just recently, I've written a new series of newsletters which includes delicious recipes and funny cartoons; these will come to your email on Sundays because Sunday is fun day!

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com. ✨

Got A Problem? Dr. Connie Is In

by Constance Clancy



Q: What is heart coherence? I heard that term recently and didn't quite know what it means.

A: The description of heart coherence from the HeartMath

Institute, which has been researching emotional resilience for more than 25 years, is based on the premise that one experiences emotions primarily in the body, not the head. Think of all the ways we describe emotions experienced in the body: "My heart is broken," "she's a pain in the neck," "my heart skips a beat," "I have "butterflies in my stomach," and "my heart is full of gratitude."

While our brain communicates with the heart, there are far more messages from the heart to the brain than vice versa. The heart "speaks" to the brain via nerves, blood pressure, hormones and electromagnetic messages.

What do you think would happen

if you could calm your heart? Thanks to advances in computer technology, we now know that calming the heart profoundly affects the mind, mood, performance and the rest of the body. We can now record beat-to-beat changes in heart rate, which allow us to track heart coherence – the heart's ability to adjust heart rates smoothly and quickly as needed.

Heart coherence is associated with fewer symptoms of PTSD, depression, anxiety, anger and stress; a greater sense of well-being, reductions in sleeplessness, blood pressure, pain, cortisol (stress hormone) and weight.

It also is associated with improved focus and concentration, thinking, listening ability and productivity. The good news is that most people can achieve heart coherence within weeks, and the basic principle is that any positive emotion experienced at the heart level promotes heart coherence. The fastest and most effective pathway to heart coherence is through the experience of mature love (as opposed to infatuation).

The quick heart coherence technique activity:

1. Begin with heart-focused breathing. Focus your attention on the area of the heart. Imagine your breath is flowing in and out of your heart or chest area. Breathe a little slower and

deeper than usual.

2. Activate a positive feeling. Make a sincere attempt to experience a regenerative feeling, such as appreciation or care for someone or something in your life.

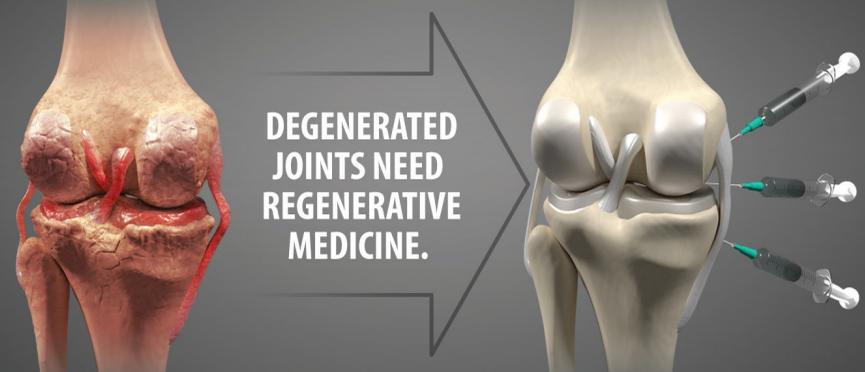
Take your time. Let your breathing and heart rhythms settle. Then allow time to let the positive feeling settle in the heart region. Experiencing the feeling in the heart is more important than thinking about the details of a memory.

Try practicing this skill several times

a day for several days. Initially try it in calm moments. Eventually, you may try it prior to a somewhat stressful situation. You may want to log your experiences and keep track of your activity.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com. ✨

JOINT DAMAGE?



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Florida Highway Patrol	278-7100
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City of Sanibel	472-4135
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Building Department	472-4555
Planning Department	472-4136
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Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc ..	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club	facebook.com/sancapshellclub
Sanibel Youth Soccer	www.sanibelsoccer.org
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to: press@islandsunnews.com

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Nibbler And Orlando

Hello, my name is Nibbler. I am a 2-year-old female domestic shorthair who is a sweet gal that loves attention. My favorite place to be pet is behind her ears. I recently visited with Girl Scout Troop 223 when they brought in donations for me and my shelter friends, and I loved all the attention. I get along well with adult and young felines.



Nibbler ID# A7355753

My adoption fee is \$50, and when you adopt me, you get another kitty for free.

Hi, I'm Orlando. I am a 1-year-old male pit bull who is a fun, playful boy who would love to have a backyard to run and play fetch in. I am currently involved in Canine Good Citizen training with volunteers. My lucky new family can continue my training if they wish to as well.

My adoption fee is \$75.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.



Orlando ID# A735048

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*

PAWS Of Sanibel

Mallory Ann And Corey James

Hello, my name is Mallory Ann. I will be 7 years old in June, and I'm looking for a forever home. I'm beautiful, shy when you first meet me, but would love to be your only kitty, so that I can sit with you and get all of your attention. I will give you all



Mallory Ann

of mine. My last year has been a sad one, and I'm looking for a fresh start with someone's loving that I can love in return. If you want to be that person, please call Pam at PAWS at 472-4823 and come and see me!



Corey James

Hi, I'm Corey James. I'm a big, laid back boy, a real charmer. I'm almost 7 years old, and I'm looking to hang out with you and your family doing anything you like to do. I really enjoy being a couch potato, watching football and movies. Anything that you like to watch, I will watch too. If you're interested in hanging out with me, call Pam at PAWS at 472-4823.*

Haven on Earth Animal League

Triscuit And Malia

During the month of April, Haven on Earth Animal League's adoption fee for adult cats is only \$35.



Triscuit

Hi there! I'm Triscuit. I am a beautiful, 1-year-old calico kitty, and I just had a litter of kittens. I am being fostered while I raise my babies and will be available for adoption in about a month. I will be spayed and brought up to date on all vaccines. As an adult, my special adoption fee is only \$35 during the month of April.

Hello! I'm Malia. I am a very pretty Siamese girl with beautiful blue eyes. I'm about 7 years old. I would



Malia

prefer to be the only cat in the house, but I get along well with dogs. I am currently staying with a foster mom. I am spayed and up to date on all vaccines. My adoption fee is \$35 during the month of April.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.*

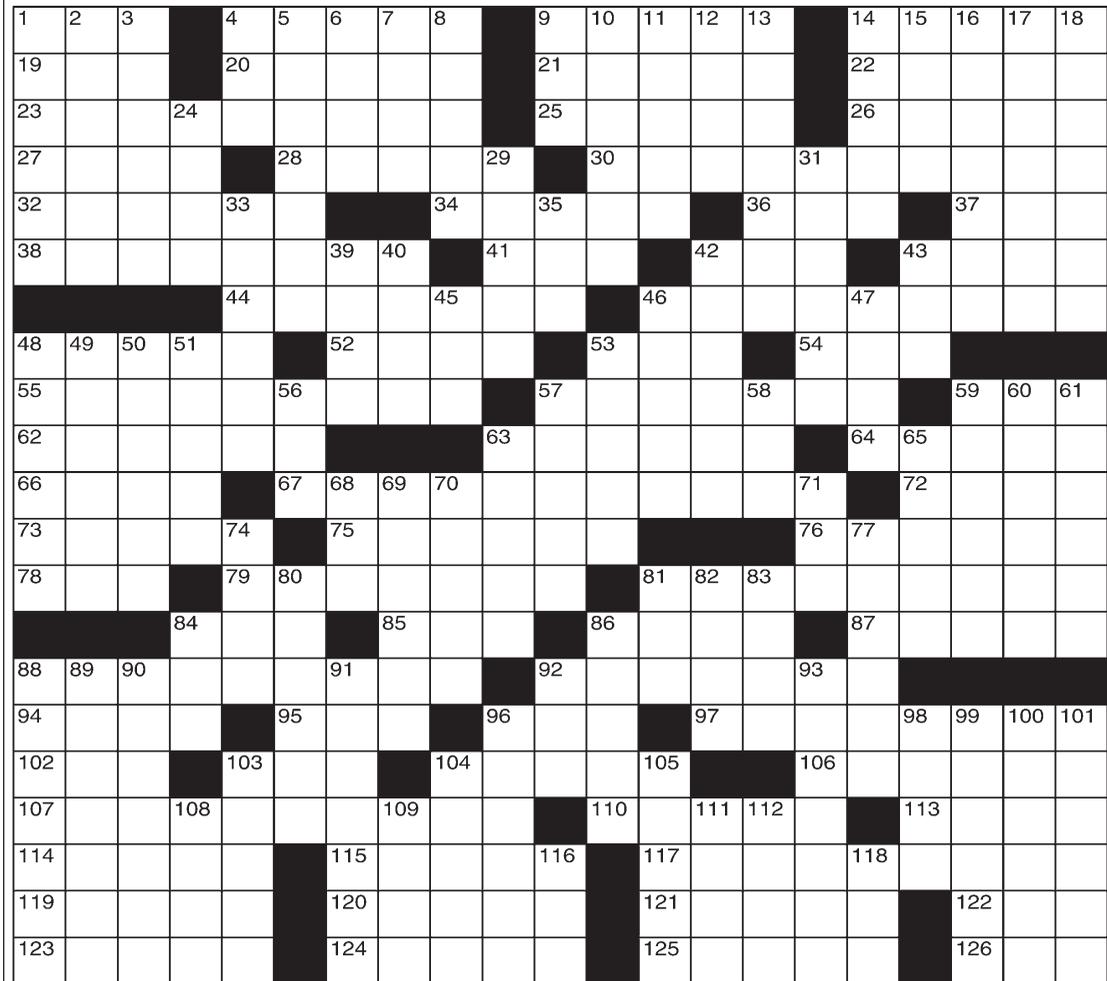
PUZZLES

Answers on page 29B

Super Crossword

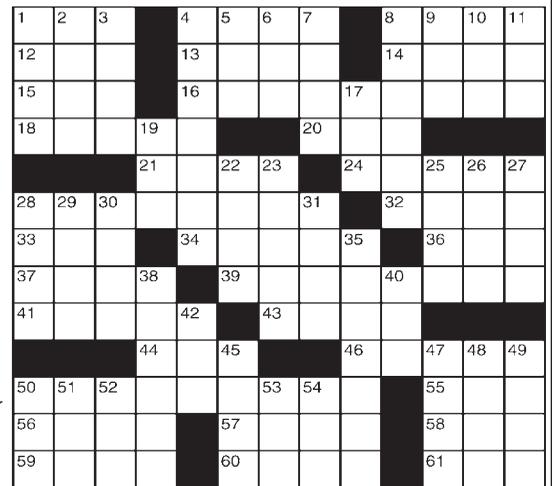
CELEBRITY SPOONERISMS

- ACROSS**
- 1 Former Delta rival
 - 4 Humane org. since 1866
 - 9 Shining
 - 14 Birds' beaks
 - 19 On top of, in verse
 - 20 Nerd relative
 - 21 City in Utah
 - 22 Bugged a lot
 - 23 Support a female donkey?
 - 25 All fired up
 - 26 Flag sewer Ross
 - 27 "Dies —" (Mass hymn)
 - 28 Squirmy
 - 30 "Listen up, warm-blooded animal!?"
 - 32 More itty-bitty
 - 34 African country
 - 36 Disfigure
 - 37 Horror director Roth
 - 38 Open a new tavern?
 - 41 Magna — laude
 - 42 Baltique or Adriatique
 - 43 Units of bag thickness
 - 44 "Bridge of Spies" actor Mark
 - 46 Core belief of orthopedic practice?
 - 48 Home to Pago Pago
 - 52 "Vesti la giubba," e.g.
 - 53 — Majesty the Queen
 - 54 IM-offering ISP
 - 55 Choose a wooden peg?
 - 57 Aromatic resins
 - 59 Chai or pekoe
 - 62 Pyle and Els
 - 63 Railcar walkways
 - 64 Sees
 - 66 Church call
 - 67 Makes a warden gentle?
 - 72 Australian avians
 - 73 Be the king
 - 75 Delilah
 - 76 Rub down
 - 78 Sketch show since '75
 - 79 Estate of a winegrower
 - 81 Curly-furred cat's giggle?
 - 84 The way, to Lao-tzu
 - 85 Undertake
 - 86 Thing to hum
 - 87 Wraith
 - 88 Descend upon a certain grainfield in droves?
 - 92 Circles around heavenly bodies
 - 94 Sails through
 - 95 Neither hide — hair
 - 96 Bad review
 - 97 Very tentative taste of food?
 - 102 Greek "H"
 - 103 Match unit
 - 104 Ballroom dance
 - 106 Dr. Seuss' real surname
 - 107 Pale people writing things quickly?
 - 110 Jetsons' dog
 - 113 Caffeine-laden nut
 - 114 Perrier rival
 - 115 Aristocratic
 - 117 Toast topper that's nifty?
 - 119 Tuscan town
 - 120 Bugs a lot
 - 121 Sporting site
 - 122 Big cat's lair
 - 123 Stunning gun
 - 124 Cries out
 - 125 Cyclist, e.g.
 - 126 Before, in verse
 - 31 Actress d'Abo
 - 33 Online brokerage
 - 35 Receivable
 - 39 What "there oughta be"
 - 40 Uncommon
 - 42 Choice bit
 - 43 Hollywood's Gibson
 - 45 Zippo
 - 46 Celebrity lawyer Melvin
 - 47 Mix, as salad
 - 48 Pickle units
 - 49 Flying guys
 - 50 "Chicago Hope" doctor
 - 51 Assenting to
 - 53 — impact on (effects)
 - 56 East, in Ulm
 - 57 Small jewel
 - 58 Suffix of enzymes
 - 59 V8 ingredient
 - 60 Musician's exercises
 - 61 Affirm
 - 63 Analyze
 - 65 Australian state capital
 - 68 — whole
 - 69 Subject
 - 70 Manicure aid
 - 71 Scoundrel
 - 74 University sports org.
 - 77 Tuna variety
 - 80 Wasp variety
 - 81 1921 sci-fi play
 - 82 Sufficient, in verse
 - 83 TV "Warrior Princess"
 - 84 "Conan" network
 - 86 Pacific island country
 - 88 "My Little Chickadee" co-star
 - 89 Wife of Nero
 - 90 Head-hugging hats
 - 91 Mega Millions, e.g.
 - 92 Soup holder
 - 93 French forest region
 - 96 Soft shade
 - 98 Moped, e.g.
 - 99 "Tristan und —"
 - 100 6-Down's partner in magic
 - 101 Boosler of comedy
 - 103 Sub detector
 - 104 Quaver
 - 105 Actor Werner
 - 108 Tarzan's lady
 - 109 Author Wiesel
 - 111 Actress Polo
 - 112 Bog grass
 - 116 Slalom path
 - 118 Pickle holder



King Crossword

- ACROSS**
- 1 Bandleader Kyser
 - 4 Equitable
 - 8 Frizzy hairdo
 - 12 Hockey surface
 - 13 Andy's pal
 - 14 Circulate
 - 15 Historic time
 - 16 Twist
 - 18 "Aida" composer
 - 20 Expert
 - 21 Food
 - 24 Poolroom supply
 - 28 Bring together
 - 32 Hammer or sickle
 - 33 Inseparable
 - 34 Casino machines
 - 36 "Kitchy- —!"
 - 37 Young female
 - 39 Remorseful
 - 41 Milkmaid's place
 - 43 Analgesic target
 - 44 — long way
 - 46 Fortunetellers' reading matter?
 - 50 Recite a verb's forms
 - 55 Verily
 - 56 Notion
 - 57 " — Brockovich"
 - 58 Uncooked
 - 59 Consider
 - 10 Deteriorate
 - 11 Have bills
 - 17 Sphere
 - 19 Dict. info
 - 22 Body powder
 - 23 Urban hang-out
 - 25 Mischievous Norse god
 - 26 Swag
 - 27 — gin fizz
 - 28 Gear teeth
 - 29 Not procrastinating
 - 30 Pianist Peter
 - 31 Sicilian spouter
 - 35 Grad student's income
 - 38 Blockage of a sort
 - 40 Genetic letters
 - 42 "Skip to My —"
 - 45 Quite some time
 - 47 Muse's instrument
 - 48 Intend
 - 49 Cutting implements
 - 50 "EI —"
 - 51 Praise in verse
 - 52 Born
 - 53 Exist
 - 54 Can matter
- DOWN**
- 1 Ukraine's capital
 - 2 Farm measure
 - 3 Once around the sun
 - 4 Salon treatments
 - 5 I love, to Livy
 - 6 Charged bit
 - 7 Answer an invite
 - 8 Showing buoyancy
 - 9 Winter bug



MAGIC MAZE ● ANAGRAMS OF COUNTRIES

N K H D A X U Q E N K H E B Y
 G R A Y M (E N G L A N D E R) V
 S P M J H E O E U B Y V T Q O
 L I G D B L Y W M T R L P M K
 I F D B A Y W L G K U E S Q O
 M K I N F D N A I L R N R B Z
 X W A U I S E I B A R A S U Q
 O N L J N A H T A I N P D O P
 F D C I A Y H Y W R V D S T S
 Q P A N L K I C H E F L E E C
 B P Z Y W V U S R S A O Q R P

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Also	Dark men	Old pan	Rabies
Analog	Englander	Pains	Red nail
Big mule	Gray men	Panel	Serial
Chain	Laity	Pure	



"We've been forced to downsize our _____ unit."
answer on page 31B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Swoop
GULPEN

Taunt
LESASH

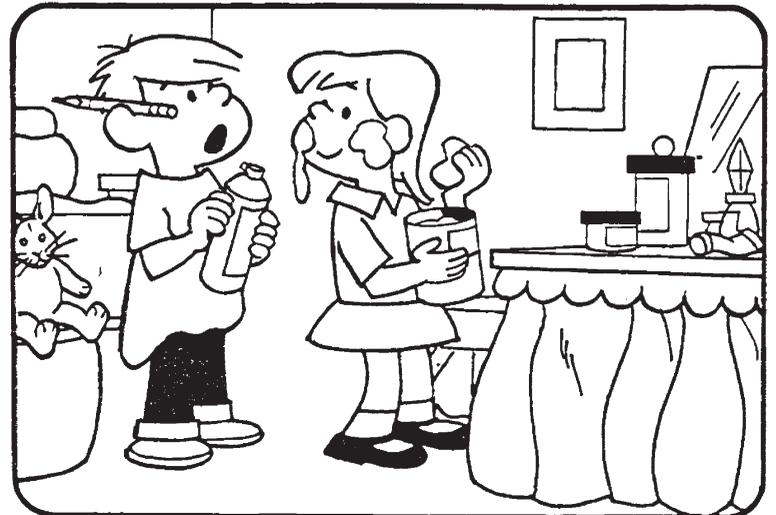
Rebuke
CLODS

Consume
SIGNET

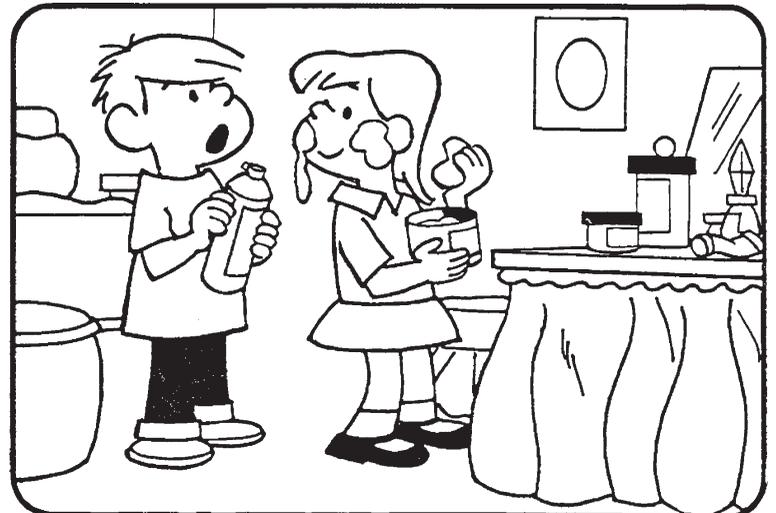
TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Pencil is missing. 2. Bunny is missing. 3. Shirt is different. 4. Can is smaller. 5. Picture is different. 6. Ruffie is different.

	3	4		8			6	
		1	7				9	
6					3			7
		9			5	4		
	6		1					2
4				6				1
		8			2	7		
5			8					2
	7			9				3

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29B

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 FRIDAY Sunny High: 75 Low: 69	 SATURDAY Sunny High: 78 Low: 72	 SUNDAY Sunny High: 81 Low: 75	 MONDAY Sunny High: 79 Low: 73	 TUESDAY Sunny High: 82 Low: 76	 WEDNESDAY Sunny High: 85 Low: 78	 THURSDAY Sunny High: 83 Low: 77
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Redfish Pass Tides

Day	High	Low	High	Low
Fri	12:08 am	5:56 am	12:36 pm	6:35 pm
Sat	1:05 am	6:25 am	12:54 pm	7:17 pm
Sun	1:55 am	6:50 am	1:13 pm	7:56 pm
Mon	2:42 am	7:11 am	1:33 pm	8:33 pm
Tue	3:27 am	7:31 am	1:56 pm	9:10 pm
Wed	4:12 am	7:52 am	2:22 pm	9:49 pm
Thu	5:03 am	8:14 am	2:52 pm	10:33 pm

Point Ybel Tides

Day	High	Low	High	Low
Fri	11:41 am	5:58 am	None	6:37 pm
Sat	12:10 am	6:27 am	11:59 am	7:19 pm
Sun	1:00 am	6:52 am	12:18 pm	7:58 pm
Mon	1:47 am	7:13 am	12:38 pm	8:35 pm
Tue	2:32 am	7:33 am	1:01 pm	9:12 pm
Wed	3:17 am	7:54 am	1:27 pm	9:51 pm
Thu	4:08 am	8:16 am	1:57 pm	10:35 pm

Punta Rassa Tides

Day	High	Low	High	Low
Fri	12:18 pm	6:06 am	None	6:33 pm
Sat	12:44 am	6:45 am	12:46 pm	7:17 pm
Sun	1:23 am	7:22 am	1:12 pm	7:59 pm
Mon	2:00 am	7:57 am	1:34 pm	8:40 pm
Tue	2:41 am	8:29 am	1:52 pm	9:22 pm
Wed	3:26 am	8:59 am	2:08 pm	10:02 pm
Thu	4:18 am	9:24 am	2:30 pm	10:42 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	2:18 am	9:12 am	2:46 pm	9:51 pm
Sat	3:15 am	9:41 am	3:04 pm	10:33 pm
Sun	4:05 am	10:06 am	3:23 pm	11:12 pm
Mon	4:52 am	10:27 am	3:43 pm	11:49 pm
Tue	5:37 am	10:47 am	4:06 pm	None
Wed	6:22 am	12:26 am	4:32 pm	11:08 am
Thu	7:13 am	1:05 am	5:02 pm	11:30 am

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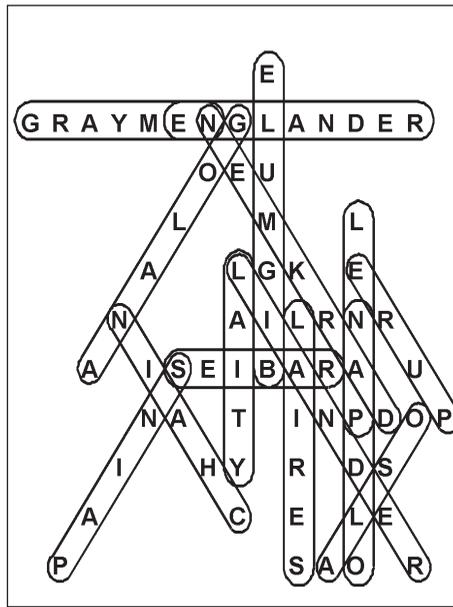
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7	3	4	9	8	1	2	6	5
8	5	1	7	2	6	9	4	3
6	9	2	4	5	3	8	1	7
1	2	9	3	7	5	4	8	6
3	6	7	1	4	8	5	2	9
4	8	5	2	6	9	3	7	1
9	1	8	6	3	2	7	5	4
5	4	3	8	1	7	6	9	2
2	7	6	5	9	4	1	3	8

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 NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under the fictitious name of Cargo, located in Lee County, FL, with an address of 1456 Periwinkle Way, Suite B-250, Sanibel, FL 33957 has registered said name with the Division of Corporations of the Department of State, Tallahassee, Florida. Dated the 19th Day of April 2018.
 Driftwood Blue LLC
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FICTITIOUS NAME
 NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under the fictitious name Cargo Trading Co, located in Lee County, FL, with an address of 1456 Periwinkle Way, Suite B-250, Sanibel, FL 33957 has registered said name with the Division of Corporations of the Department of State, Tallahassee, Florida. Dated the 19th Day of April 2018.
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Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

Landings a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.
- The less you can touch a fish before release the better for the fish.
- If you want a picture with the fish, support it as you lift

it out of the water – and do it quickly.

- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.
- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

My Stars ★★★★★

FOR WEEK OF APRIL 30, 2018

Aries (March 21 to April 19) Don't waste your time and energy fretting over remarks you consider unnecessary or unkind. Best advice: Ignore them, and just keep doing your usual good job.

Taurus (April 20 to May 20) Getting that new perspective on a workplace situation could lead to a solution everyone will accept. Meanwhile, make time to keep up with your creative pursuits.

Gemini (May 21 to June 20) Those changes you planned to implement in early summer might need to be reassessed. But don't make any moves until you've discussed this with someone you trust.

Cancer (June 21 to July 22) Your aspects favor harmony, making this a good time to work out problems in relationships -- whether personal or professional, big or small. An old friend comes back.

Leo (July 23 to August 22) While you're still riding that high-powered beam, you might begin to lose focus by week's end. Could be that you'll need to do a little cat-napping to restore your spent energies.

Virgo (August 23 to September 22) An unexpected development creates a lot of excitement. Where it takes you is your decision. Check out the possibilities, then decide if you want to go with it or not.

Libra (September 23 to October 22) Although your supporters help you squash an unfair claim against you, don't let this go unchallenged. You need to learn more about the motives of those behind it.

Scorpio (October 23 to November 21) There still are some tasks to clear up by midweek. Then you can welcome the new month on a high note. A friend brings surprising but very welcome news.

Sagittarius (November 22 to December 21) You might want to change your plans before they're set in cement. Consider advice from colleagues. But remember that, ultimately, it's your choice.

Capricorn (December 22 to January 19) A difficult situation is working itself out. Lingering problems should be resolved by week's end, allowing the Goat to enjoy a calmer, less stressful period.

Aquarius (January 20 to February 18) Be careful not to move so quickly that you miss possible warning signs that could upset your plans. Slow down. Your supporters will continue to stand by you.

Pisces (February 19 to March 20)

Your generosity in sharing your time and wisdom with others leads to an intriguing development that could have you considering some interesting choices.

Born This Week: You have a way of influencing people to be and do their best. You would make an excellent teacher.

STRANGE BUT TRUE

- It was Hungarian psychiatrist Thomas Stephen Szasz who made the following sage observation: "If you talk to God, you are praying. If God talks to you, you have schizophrenia."

- That iconic symbol of the Old West, the Pony Express, was based on the mail system used throughout the Mongol Empire in the 13th century. However, the Mongol riders often covered 125 miles in a single day, which was faster than the best record held by a Pony Express rider.

- Someone with way too much spare

time discovered that a quarter has 119 grooves on its edge.

- What's in a name? A great deal, it turns out, if you're talking about housing prices. Those who study such things say that a house on a "boulevard" is valued at over one-third more than the same house that has "street" in its address.

- Confectioner Milton Hershey suffered through founding two candy companies that ended in failure, then succeeded on his third attempt, and finally sold that company and used the proceeds to found the Hershey Company. After all his hard work, though, he seemed to be less interested in enjoying the fruits of his labors than in helping others. In 1909 he established the Hershey Industrial School for Orphaned Boys, and 10 years later he donated control of the company to a trust for the school. Today the institution is called the Milton Hershey School, and it continues

to have a controlling interest in the candy company.

- Southern California has more cars than India has cows. If cows are sacred in India, what does that say about how Californians feel about their automobiles?

THOUGHT FOR THE DAY

"Men are not against you; they are merely for themselves." -- Gene Fowler

SCRAMBLERS

1. Plunge; 2. Hassle;
3. Scold; 4. Ingest

Today's Word
CANINE

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Metes and Bounds	Sanibel	2000	4,123	\$3,595,000	\$3,500,000	1
Bay Woods	Bonita Springs	2002	6,479	\$3,200,000	\$3,000,000	30
Sanibel Estates	Sanibel	1997	4,595	\$2,995,000	\$2,850,000	881
Bonita Beach	Bonita Springs	1975	1,186	\$2,800,000	\$2,800,000	0
Gulf View Plaza	Fort Myers Beach	1946	1,872	\$2,649,000	\$2,561,000	12
Costa Amalfi	Miromar Lakes	2014	4,348	\$2,325,000	\$2,000,000	208
Cape Coral	Cape Coral	2003	4,102	\$1,999,500	\$1,900,000	66
Kinzie Island	Sanibel	1989	5,100	\$1,895,000	\$1,820,000	27
Costa Amalfi	Miromar Lakes	2016	3,553	\$1,664,900	\$1,535,000	145
Hills TP	Fort Myers Beach	1998	2,246	\$1,650,000	\$1,576,800	146

APRIL BRINGS MAY DEALS



DOCK & 2 LIFTS

Popped-up ground-level 3-bedroom home. Deep water access canal, no bridges. New windows, doors, pavers, cage, & more. Desirable east-end location. 569 Lighthouse Way in Sanibel Estates - \$1,395,000



BOATING & GULF

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FACING BAY

Mariner Pointe #1061 - 1st level 2-bedroom condo. Stunning custom remodel reconfigured to maximize space & expand views. Beach access, boat dockage, pools, etc. Could generate income too - \$549,900



STEPS TO BEACH

Spanish Cay #A7 - roomy 2nd floor condo with river view. Gulf access, across street. Turn-key with future rental bookings (2-week minimum). Grossing up to \$20K/year. Walk-in owner's closet. \$274,000 furnished



PRIVACY PLUS

Single-family home site in Gumbo Limbo, backs to preserved land. ~170'x155' in convenient mid-island inland location, handy to causeway, beaches, bay & shopping. 9441 Peaceful Drive - \$249,000



LOWEST PRICE

East-end easy-access 1 bedroom with galley kitchen. New bath, HVAC, & impact glass. Captains Walk #B2 in canal-side complex with docks, carports, canoe/kayak racks, & laundry. \$239,000 furnished

2242 Periwinkle Way
Suite 3 in Sanibel Square

Sanibel
REALTY ASSOCIATES
Susan

Susan Andrews
Realtor®, Broker/Owner, NAR
Hall of Fame, Eco-Broker®
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Working together for 19+ years & looking to work for you too!

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